



Addiction and Mental Health Recovery Peer Support Resource Guide

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Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

UPDATE: The state has mandated that the peer recovery support centers be closed to face to face services. A few may be open for essential services, including support for persons without housing. Best to check with specific centers for in-person availability.

Funded by the Department of Public Health, the community-based Peer Recovery Support Centers provide an opportunity for individuals with alcohol and/substance use disorder issues and/or families affected by addictions to both offer and receive support. These centers are run largely on a volunteer basis, with members helping to choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, as 16 additional Peer Recovery Support Centers were funded in 2019 to join the original 10. The new centers are currently in various stages of development. Below is a listing of current information on the Peer Recovery Support Centers as of January 2020.

Western Massachusetts

Recover Project

Update: Currently offering a daily (M-F) 10AM All Recovery meeting, a warm line everyday from 1-3. As shift to go completely virtual, adding programming every day. Please check Facebook page for the current offerings: (www.facebook.com/theRECOVERProject)

Contact: Peggy Vezina, Program Director

68 Federal Street

Greenfield, MA 01301

Phone: (413) 774-5489, Ext. 103

Fax: (413) 774-6039

Email: pvezina@wmtcinfo.org

Website: www.recoverproject.org/ or <https://www.facebook.com/TheRECOVERProject/>

Hope for Holyoke Recovery Support Center

The center is still taking calls to the main number or to the director's direct line (see below) and getting back to people for assistance in getting treatment as well as peer recovery support via telephone. Hope for Holyoke has a lot of online support groups also facilitated by our peers- some are Facebook live with opportunity to chat and others via zoom. Information is listed on the Facebook page:

<https://www.facebook.com/HFHRC/>

Contact: Deborah Flynn-Gonzalez, Director

100 Suffolk Street

Holyoke, MA 01040

Phone: (413) 561-1020 or (413) 296-6111

Email: dflynn-gonzalez@gandaracenter.org

Website: <https://gandaracenter.org/hope-for-holyoke/> or <https://www.facebook.com/HFHRC/>

Springfield Recovery Support Center

Update: Information on the Springfield Recovery Center online meetings are posted on its Facebook page: <https://www.facebook.com/SpringfieldPeerRecoveryCenter/>

383 Union Street
Springfield, MA 01105
Phone: (413) 507-3635

Living in Recovery

Update: Currently closed

81 Linden Street
Pittsfield, MA 01201
Phone: (413) 320-3546
Website: <https://www.servicenet.org/services/addiction-services/living-in-recovery/> or <https://www.facebook.com/LivingInRecoveryPittsfield/>

Northampton Recovery Center

Update: Online meetings available. See calendar for details:

<https://www.northamptonrecoverycenter.org/calendar>

2 Gleason Plaza
Northampton, MA 01060
Phone: (413) 834-4127
Website: <https://www.northamptonrecoverycenter.org/>

Central Massachusetts

Everyday Miracles

Update: Every Day Miracles has listings of its online meetings in the posts section of its Facebook page. <https://www.facebook.com/EDMPeers/>

Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: www.everydaymiraclesprsc.org or <https://www.facebook.com/EDMPeers/>

No One Walks Alone (NOWA)

Update: Online skype meetings available: see Facebook page:

<https://www.facebook.com/NOWARSC>

Contact: Rebecca Zwicker, Program Director
76 Church Street, Suite 301
Whitinsville, MA 01588
Phone: (508) 488-5096
Email: rzwicker@familycontinuity.org
Website: <https://www.facebook.com/NOWARSC>

Alyssa's Place

Update: Online Zoom meetings available: see Facebook page:

https://www.facebook.com/pg/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/posts/?ref=page_internal

297 Central Street

Gardner, MA 01440

Phone: (978) 364-0920

Website: <https://www.facebook.com/pages/category/Community/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/>

Northeast Massachusetts

New Beginnings Peer Recovery Center

Update: Check the current Facebook page for online meetings and other support:

<https://www.facebook.com/LawrenceRecoveryCenter/>

Contact: Joanna Morillo, Program Director

487 Essex Street

Lawrence, MA 01840

Phone: (978) 655-3674

Fax: (978) 258-4355

Email: joanna.morillo@spectrumhealthsystems.org

Website: <http://www.newbeginningsprc.org/> or <https://www.facebook.com/LawrenceRecoveryCenter/>

Lowell Recovery Café

Update The Recovery Cafe' has temporarily closed its doors. If you need help, or just someone to talk to, please call Rich at 978-735-3734 or Jaime 978-770-8919.

Contact: Rich Hollett, Program Director

20 Williams Street

Lowell, MA 01852

Phone: (617) 285-6386

Email: rhollett@lowellhouseinc.org

Lynn Peer Recovery Support Center – Coming Soon

Malden Peer Recovery Support Center – Coming Soon

Metro West Massachusetts

The Recovery Connection

Update: Weekday Zoom meeting at 1 p.m. Visit the Facebook page for details:

<https://www.facebook.com/TheRecoveryConnection.org/>

Contact: Brandon Tupper, Program Director

31 Main Street

Marlborough, MA 01752

Phone: (508) 485-0298

Fax: (508) 485-0312

Email: brandon.tupper@spectrumhealthsystems.org

Website: <http://www.therecoveryconnection.org/> or
<https://www.facebook.com/TheRecoveryConnection.org/>

A New Way Recovery Center

Update: all support is by telephone and through zoom meetings. Call 857939-2464 and someone will call back. To be put on a confidential Zoom meeting list please email Warren Nicoli at wnicoli@baystatecs.org.

Contact: Warren Nicoli, Director

85 Quincy Avenue, Suite B

Quincy, MA 02169

Phone: (617) 302-3287

Fax: (617) 481-0324

Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org

Website: <http://anewwayrecoveryctr.org/> or

<https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/>

Walpole Recovery Center (renamed Turning Point Recovery Center)

Online meetings available on Zoom--see Facebook page:

<https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>

Contact: Cory O'Brien, Director

32 Common Street

Walpole, MA 02081

Phone: (508) 668-3960

Email: cobrien@baystatecs.org

Website: <https://www.facebook.com/Walpole-Recovery-Center>

Framingham Recovery Center – Coming Soon

Southeast Massachusetts

Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod

Update: Zoom meetings available—see Facebook page:

<https://www.facebook.com/pierrecovery/>

People can also call the center (number below) to be connected with a peer support specialist.

Contact: Brian Robbins, Director

209 Main Street

Hyannis, MA 02601

Phone: (508) 827-6150

Email: brobbs@gandaracenter.org or pierrecoverycenter@yahoo.com

Website: <https://gandaracenter.org/pier/> or <https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/>

Stairway to Recovery

Update: Morning meeting at 11: see Facebook page for link and password.

<https://www.facebook.com/Stairway2Recovery/>

Contact: Efrain Baez, Program Director

142 Crescent Street

Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: <https://gandaracenter.org/stairway-to-recovery/> or
<https://www.facebook.com/Stairway2Recovery>

Peer2Peer

Update: Zoom online meetings are available. See Facebook page for information:
<https://www.facebook.com/P2PRSC/>

Contact: Mike Bryant, Director
175 North Main Street
Fall River, MA 02720
Phone: (508) 567-5086
Email: mbryant@steppingstoneinc.org
Website: <https://www.facebook.com/P2PRSC/>

Martha's Vineyard Recovery Center

Update: All supports are remote at this time, and the phone number is not being answered. To connect with Martha's Vineyard Recovery Center, please visit its Facebook page:
<https://www.facebook.com/RecoveryMV/>.

Contact: Jeremy Norton, Director
Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-2900
Website: <https://www.facebook.com/RecoveryMV/>

Plymouth Recovery Center

Update: The Plymouth Recovery Center is answering to messages on its inbox on its Facebook page at <https://www.facebook.com/PlymouthRecoveryCenter/>. Online meeting information is also available on the Facebook page in the posts section. Calls to the center's phone are being forwarded to Director Dan Kelly.

Contact: Dan Kelly, Director
5 Main Street
Plymouth, MA 02360
Email: dkelly@gandaracenter.org
Website: <https://www.facebook.com/PlymouthRecoveryCenter/>

New Bedford Recovery Center - Coming Soon

Boston Area

STEPRox

Update: Online All Pathways to Recovery meetings by Zoom. Information on the Facebook page: <https://www.facebook.com/StepRoxRecoverySupportCenter/>

Contact: Loretta Leverett, Director
1427 Blue Hill Avenue (Temporary Address**)
Mattapan, MA 02126
**Moving to a new location on Blue Hill Avenue soon

Phone: (617) 442-7837

Email: lleverett@northsuffolk.org

Website: <http://northsuffolk.org/services/addiction-services/recovery-support/> or
<https://www.facebook.com/steproxrecoverycenter>

Devine Recovery Center

Update: Information on the Devine Recovery Center's online supports and meetings is available on its Facebook page: <https://www.facebook.com/DevineRecoveryCenter>

Contact: Jen Callahan, Program Director

70 Devine Way

South Boston, MA 02127

Phone: (857) 496-1384 x601

Fax: (857) 496-0177

Email: devinerecoverycenter@gmail.com or JenCallahan@GavinFoundation.org

Website: <http://www.gavinfoundation.org/programs/devine-recovery-center> or
<https://www.facebook.com/DevineRecoveryCenter>

St. Francis House

Update: St. Francis House remains open as a refuge for those it has been supporting who are homeless. Updates are available on its Facebook page:

<https://www.facebook.com/sfhboston/>

Contact: Efrain Lozada, Director

39 Boylston Street

Boston, MA 02116

Phone: (617) 542-4211

East Boston Recovery Center (North Suffolk Mental Health) - Coming Soon

In addition to the support centers listed above, the Boston Public Health Commission funds the Safe and Sound Recovery Center, which provides peer-led support services including recovery coaching, support groups, peer leadership training opportunities, and more.

Safe and Sound Recovery Center

Update: Safe and Sound Recovery Center did not respond to multiple voicemails.

Contact: Douglas Lomax, Program Manager

774 Albany St., 2nd Floor, Room 207

Boston, MA 02118

Phone: (617) 534-2186

Hours: Monday–Friday, 8 a.m. – 5 p.m.

Open NA Meetings: Monday - Friday, 9 – 10 a.m., and 12 – 1 p.m.

Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.

Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope

Update: All meetings are postponed until further notice. Please continue to check the website and Facebook page for updates. As always, office staff will be available for questions at 508-738-5148. 24/7 peer-support available through the Learn to Cope private discussion board.

Learn to Cope is a peer organization that assists family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through weekly meetings throughout the state of Massachusetts.

Joanne Peterson, Executive Director

Contact: Patty or Carrie

4 Court Street, Suite 110

Taunton, MA 02780

Phone: (508) 738-5148

Email: lrc@Learn2cope.org

Website: learn2cope.org or <https://www.facebook.com/Learn2Cope-257344120966186/>

Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Dual Recovery Anonymous

Update: Online DRA meetings are available through the Massachusetts Clubhouse Community. For the updated list of online meetings: <https://www.massclubs.org/dual-recovery-meetings>

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program for individuals who are affected by both an emotional or psychiatric disability as well as an alcohol or drug dependency or addiction. Its primary goals are for members to help each other achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

The Massachusetts Clubhouse Coalition (MCC) has taken a leadership role in expanding the availability of DRA meetings throughout the state through a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now around 50 DRA groups and substance awareness meetings in Massachusetts, with a current schedule of meetings on the Massachusetts Clubhouse Coalition website listed below.

Dual Recovery Anonymous™ website: <http://www.draonline.org/>

Current list of DRA meetings: <https://www.massclubs.org/dual-recovery-meetings/>

More information on the MCC and DRA: <https://www.massclubs.org/dual-recovery-committee/>

Massachusetts Organization for Addiction Recovery (MOAR)

Update: MOAR's website has been updated to include an online resource guide that includes a variety of recovery support meetings as well as information specific to the COVID-19 emergency.

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends who want to educate the public about the value of living in recovery. MOAR maintains a comprehensive resource guide on addiction, recovery, and community resources and offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: <http://www.moar-recovery.org>

Online Resources for Persons Who Are Deaf or Hard of Hearing

Update: No updates as these are already online platforms.

Online Deaf and Hard of Hearing 12-Step Meeting List:

http://aa-intergroup.org/directory_dhoh.php

Deaf off Drugs and Alcohol (DODA):

<https://www.facebook.com/Deaf-Recovery-DODA-112334123604/>

Mental Health Recovery Peer Supports

The Transformation Center

The Transformation Center is a statewide peer-run organization that engages and partners with the community voice of people with mental health, trauma or dual mental health/addiction recovery needs, along with many allies, to develop and promote effective approaches to recovery support.

The Transformation Center provides the certified peer specialist (CPS) training and certification for Massachusetts, works to expand availability of WRAP classes and facilitator training, and supports other training, support and policy advocacy initiatives.

Contact: Brenda Vezina, Executive Director
209 Shrewsbury Street
Worcester, MA 01604

Phone: (508) 751-9600
Fax: (508) 751-9601
Email: info@transformation-center.org
Website: www.transformation-center.org

Recovery Learning Communities

Recovery Learning Communities (RLCs) are DMH-funded, peer-run networks of self-help/peer support, information and referral, advocacy and training activities. Training in recovery concepts and tools, advocacy forums, and social and recreational events are all part of what goes on in a Recovery Learning Community. RLCs also support persons with psychiatric disabilities to take charge of their own recovery process.

The over-arching charge of RLCs is to create significant culture change that shifts the traditional focus on symptom management to a focus on promoting recovery, resilience, and wellness. Designed to be built upon established partnerships, RLCs work collaboratively with peer-run organizations and services, other mental health providers, other human service agencies, and the community at large to forward the mission of community integration and respect for people with mental health conditions.

Wildflower Alliance (formerly the Western Mass Recovery Learning Community (RLC))*

Update: The Holyoke and Springfield (Bowen) centers are still holding open hours, on a capacity basis. For up to date posting of what's open please go to:

<http://www.westernmassrlc.org/cancellations-closures-a-delays/887-closures-and-cancelations-for-march-and-april-2020>

The Western Mass RLC has also compiled an extensive list of online meetings and supports at the following link:

<http://www.westernmassrlc.org/hidden-community-happenings-fix/888-on-line-and-phone-supports-march-2020>

Contact: Sera Davidow, Director

199 High Street

Holyoke, MA 01040

Phone: (413) 539-5941

Toll-Free: 1-866-641-2853

Fax: (413) 493-7810

Email: info@wildfloweralliance.org

Website: <https://www.wildflower-alliance.org>

The Wildflower Alliance has four parts: peer-to-peer supporters, alternative healing practices, advocacy, and learning and growth opportunities. In addition to what is listed below, peer supports include a bridging team that goes into several local jails and hospitals to offer support to people transitioning back to community. It also offers a variety of groups, tenancy preservation supports, and more. As a part of their learning and growth opportunities, they offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new project (working title: Empowering Individuals with Lived Experience) that will focus state-wide on reaching people who've been marginalized based not only on their psychiatric history, but also on their gender, sexual

orientation, race, disability status, and other identities that commonly limit people's access to resources and full community participation.

** If you are having trouble with the contact information listed above, please try the original emails (name@westernmassrlc.org) and original website (www.westernmassrlc.org). Wildflower Alliance Community Centers are located at:*

Holyoke Center

Contact: Chris Carlton, Community Coordinator
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: chris@wildfloweralliance.org
Website: <http://www.wildflower-alliance.org/holyoke>

Springfield Center (Bowen Resource Center)

Contact: Mike Cook, Community Coordinator
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Email: michael@wildfloweralliance.org
Website: <http://www.wildflower-alliance.org/springfield>

Greenfield Center

Contact: Calvin Moen, Community Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: calvin@wildfloweralliance.org
Website: <http://www.wildfloweralliance.org/greenfield> or
<https://www.facebook.com/groups/rlcgreenfield/about/>

Pittsfield Center

Contact: Jean-Marie, Community Coordinator
361 North Street
Pittsfield, MA 01201
Phone: (413) 464-9807
Email: jeanmarie@wildfloweralliance.org
Website: <http://www.wildflower-alliance.org/pittsfield>

Central Massachusetts Recovery Learning Community (RLC)

Update: A wide variety of supports and resources such as yoga and Zumba have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings:

<http://www.centralmassrlc.org/calendar/>
<https://www.facebook.com/kivacenter/TheKivaCenter>

Contact: Brenda Vezina, Executive Director

209 Shrewsbury Street

Worcester, MA 01604

Phone: (508) 751-9600

Fax: (508) 751-9601

Email: info@centralmassrlc.org or brenda.vezina@centralmassrlc.org

Website: <https://www.centralmassrlc.org> or <https://www.facebook.com/kivacenter/>

The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.

Kiva Metro West Access Center

Please note that this RLC site is only open on Tuesdays and Thursdays from 10 a.m. to 2 p.m.

Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordiators

855 Worcester Road, Suite 12 (Trolley Square Plaza)

Framingham, MA 01701

Phone: (508) 626-2206

Email: Lindsey.vezina@centralmassrlc.org or Andrei.silva@centralmassrlc.org

Website: <http://www.centralmassrlc.org/areas/framingham/>

Kiva South County Site

Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.

Contact: Jasmine Quinones, Program Coordinator

346 Main Street

Southbridge, MA 01550

Phone: (508) 765-6670 or (508) 751-9600

Email: jasmine.quinones@centralmassrlc.org

Website: <http://www.centralmassrlc.org/areas/south/>

Additionally, Kiva support groups take place in the following communities:

Fitchburg, Leominster, Gardner, Hudson: <http://www.centralmassrlc.org/areas/north/>

South County area (Southbridge to Milford):

<http://www.centralmassrlc.org/areas/south/>

Natick, Marlborough: <http://www.centralmassrlc.org/areas/framingham/>

Norwood: <http://www.centralmassrlc.org/areas/canton/>

For Young Adults:

Update: Please refer to the Central Mass RLC for available supports:

<http://www.centralmassrlc.org/>

Zia Young Adult Access Center and Advocacy Network, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

Northeast Recovery Learning Community (RLC)

Update: Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times:

<https://www.nilp.org/northeast-recovery-learning-community-nerlc/>

Contact: Helina Fontes, NERLC Program Director

20 Ballard Road

Lawrence, MA 01843

Telephone (V/TTY): (978) 687-4288, Ext. 149

Fax: (978) 689-4488

Email: hfontes@nilp.org or help@nilp.org

Website: <https://www.nilp.org/northeast-recovery-learning-community-nerlc/> or

<https://www.facebook.com/nerlc> or <https://www.facebook.com/NortheastIndependentLivingProgram/>

Northeast RLC Hubs are located at:

Essex North Hub

Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or

Lisa Rivard, Peer Specialist

20 Ballard Road

Lawrence, MA 01843

Telephone: (978) 687-4288, Ext. 200 or Ext. 140

Email: mberggren@nilp.org or lrivard@nilp.org

Greater Lowell Hub

Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or

David Carignan, Peer Specialist

35 John Street, 2nd Floor

Lowell, MA 01852

Telephone: (978) 687-4288, Ext. 200 or Ext. 140

Email: mberggren@nilp.org or dcarignan@nilp.org

Metro North Hub

Contact: Rachely Ramos, Metro North/Acton Hub Manager

40 Eastern Avenue, Suite 318

Malden, MA, 02148

Telephone: (978) 687-4288, Ext. 201

Email: rramos@nilp.org

Greater Lynn Hub

Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager

or Gerry McManamy, Peer Specialist

1 Market Street, Suite 203

Lynn, MA 01901

Telephone: (978) 687-4228, Ext. 203

Email: aorfanos@nilp.org or gmcmanamy@nilp.org

North Shore Area

Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager

Telephone: (978) 687-4228, Ext. 203

Email: aorfanos@nilp.org

Acton Area

Contact: Rachely Ramos, Metro North and Acton Hub Manager

Telephone: (978) 687-4288, Ext. 201

Email: rramos@nilp.org

Transitional Age Youth (TAY) Peer Support

Contact: Rachely Ramos, Metro North and Acton Hub Manager for assistance

Location: Northeast Area Wide

Telephone: (978) 687-4288, Ext. 201

Email: rramos@nilp.org

Older Adult Peer Support

Contact: Joanne Wolf, Older Adult Peer Specialist

Location: Northeast Area-Wide

Telephone: (978) 687-4288, Ext. 202

Email: jwolf@nilp.org

Metro-Boston Recovery Learning Community (RLC)

Update: The Metro Boston RLC is currently offering online and conference call line peer support groups. Information is available at: <http://metrobbostonrlc.org/>

The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:

Boston Resource Center (BRC)

Contact: Howard D. Trachtman, Director of Constituent Affairs

85 East Newton Street, Ground Floor

Boston, MA 02118

Phone: (781) 642-0368

Fax: (617) 414-1975

Email: info@metrobbostonrlc.org

Website: <http://www.metrobbostonrlc.org/brc.html>

Cambridge/Somerville Recovery Learning Center

Contact: Janel Tan, Director

35 Medford Street, 1st Floor, Suite 111

Somerville, MA 02143

Phone: (617) 863-5388

Email: tanj@vinfen.org

Website: <http://www.metrobbostonrlc.org/csrlc.html>

Peer Support Network

Contact: Karen Kugel, Director

31 Bowker Street, 5th floor

Boston, MA 02114

Phone: (617) 788-1034

Email: psn@baycove.org or kkugel@baycove.org

Website: <http://www.metrobbostonrlc.org/psn.html> or <http://www.metrobbostonrlc.org>

Dorchester satellite (*Saturdays only, 10 a.m. – 3 p.m.)

1500 Dorchester Avenue

Dorchester, MA 02122

Phone: (617) 788-1034

Email: psn@baycove.org or kkugel@baycove.org

**To gain access to the building and for programming and other information please call (617) 788-1034.*

Hope Recovery Learning Center

Contact: Julie Anne Entwistle, Center Coordinator or Zohreh King, Director of Recovery
The DMH Erich Lindemann Mental Health Center

25 Staniford Street (plaza level)

Boston, MA 02114

Phone: (617) 912-7867

Email: Zking@northsuffolk.org

Website:

https://link.zixcentral.com/u/fbd36cb2/yvfJbbM_6hGVjaXQIYY8jw?u=http%3A%2F%2Fwww.metrobostonrlc.org%2Fhope.html

South East Recovery Learning Community (RLC)

Update: Online groups are available. See updated listings below for details on specific centers:

Contact: Sandra Whitney Sarles, Director

c/o 106 Bassett Lane

Hyannis, MA 02601

Phone: (774) 212-4519

Email: info@southeastrlc.org or sandra.whitney-sarles@bmc.org

Website: <http://www.southeastrlc.org/>

Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:

Fall River RCC

Update: Online groups are available. See calendar link for details:

<http://www.southeastrlc.org/fallriver-calendar.html>

Contact: Niki Fontaine, Area Program Director

649 Bedford Street

Fall River, MA 02720

Phone: (508) 675-3137

Email: fontainen@vinfen.org

Website: http://www.southeastrlc.org/fallriver_index.html

Hyannis RCC

Update: Online groups are available. See calendar link for details:

<http://www.southeastrlc.org/hyannis-calendar.html>

Contact: Jason Raineri, Area Program Director

106 Bassett Lane
Hyannis, MA 02601
Telephone: (508) 815-5218
Email: rainerij@vinfen.org
Website: http://www.southeastrlc.org/hyannis_index.html

Brockton RCC

Update: Due to COVID-19, the RCC will be closed until further notice. Please call the RCC Area Program Director to see what support is being offered. Remote access support groups dates and times will be added soon.

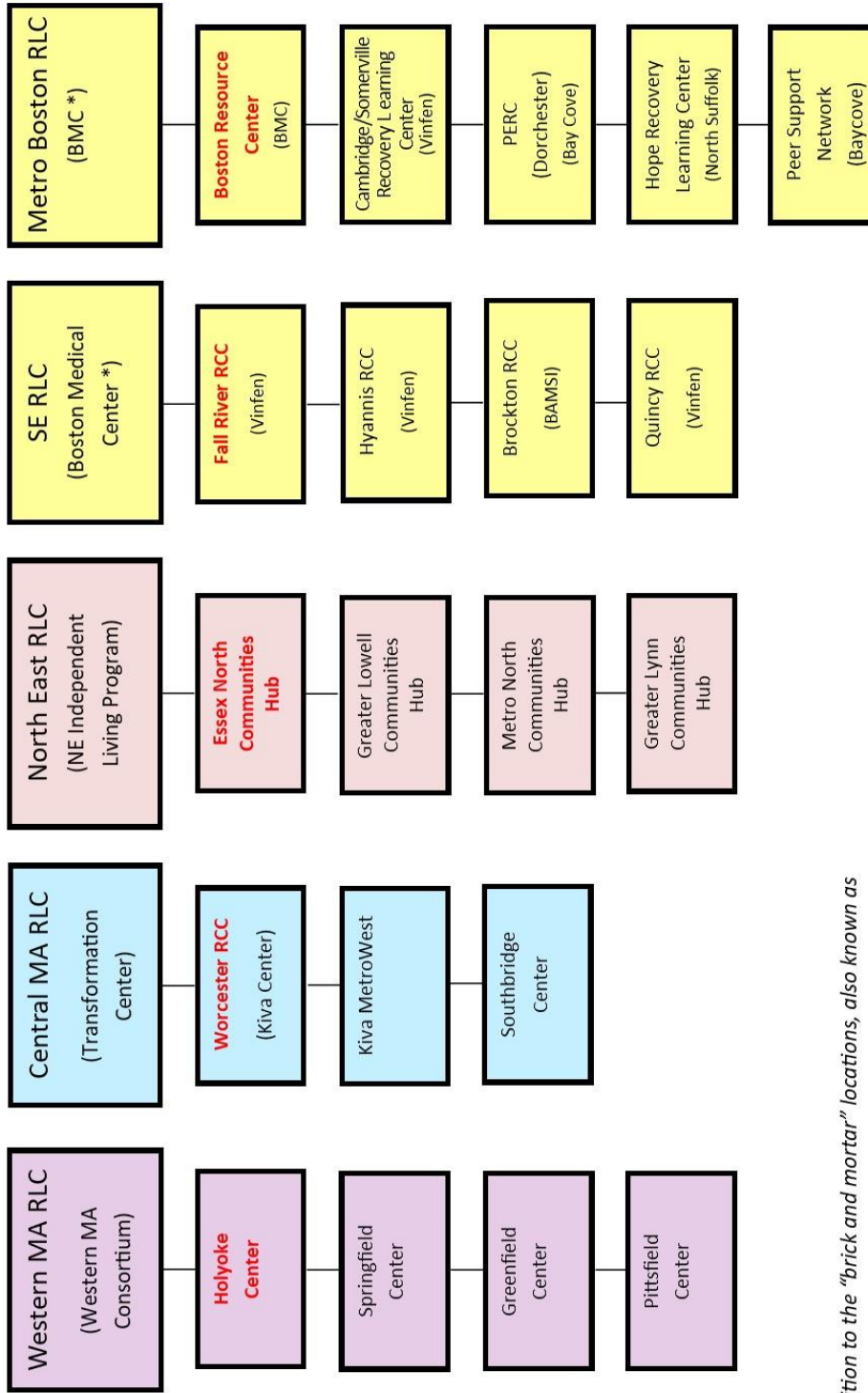
Contact: Janet Ransom, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (508) 857-0316
Email: janetransom@bamsi.org
Website: http://www.southeastrlc.org/brockton_index.html

Quincy RCC

Update: Online groups are available. See website for schedule and details:
http://www.southeastrlc.org/quincy_index.html

Contact: Abigail Gascoyne, Area Program Director
1458 Hancock Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: gascoynea@vinfen.org
Website: http://www.southeastrlc.org/quincy_index.html

The Five Recovery Learning Communities and Their Locations



* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.

Peer-run Respite/Crisis Alternatives

Afiya Peer Respite

Update: Afiya will be open with certain adaptations for as long as possible. For further details, please see the Western Mass RLC website:

<http://www.westernmassrlc.org/cancellations-closures-a-delays/887-closures-and-cancelations-for-march-and-april-2020>

Afiya is the first peer-run respite in Massachusetts and is run by the Wildflower Alliance/Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya's mission is to turn what is often perceived as a crisis into a useful "learning and growth opportunity." Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director

Phone: (413) 570-2990

Email: ephraim@wildfloweralliance.org

Website: <http://www.wildflower-alliance.org/afiya>

(If having trouble contacting Afiya through listed email and website, please try ephraim@westernmassrlc.org and www.westernmassrlc.org/afiya while transition to the new organizational name is in progress.)

The Living Room (Springfield)

Update: The Springfield Living Room is still providing in-person services, although the maximum number of guests is currently four persons.

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L

Springfield, MA 01104

Phone: (413) 310-3312

Website: <https://www.bhninc.org/services-and-programs/emergency-services/living-room>

The Living Room (Framingham)

Update: The Living Room is closed for all in-person visits and support groups until further notice. Peer specialists are available to support individuals experiencing emotional distress or a mental health crisis with 24-hour phone support at (508) 661-3333

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The

Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

284 Union Avenue

Framingham, MA 01702

Phone: (508) 661-3333

Email: TheLivingRoom@Advocates.org

Website: <https://www.advocates.org/services/livingroom>

The Greenfield Living Room

Update: The Greenfield Living Room is open for up to 5 people for 4-hour blocks of time, 10 a.m. to 2 p.m. or 2 p.m. to 6 p.m.. Calling ahead (413) 775-6760 is encouraged. Computers with audio and visual capabilities are also available for persons needing access to these resources.

The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.

140 High Street

Greenfield, MA 01301

Phone: (413) 775-6760

The Peer-to-Peer Program

Update: The Peer to Peer program is currently providing peer support by telephone during regular program hours. Please leave a voicemail and someone will call back.

The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m. and Saturdays and Sundays from 10 a.m. to 10 p.m.

460 Quincy Avenue, Main Floor

Quincy, MA 02169

Phone: (617) 689-2599

Website: <https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program>

Peer-Run Warm Lines

Update: No further updates, as these are already “virtual” supports.

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at <http://www.warmline.org>. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

The Peer Support Line (Metro Boston Recovery Learning Community)

Phone: 877-PEER-LNE (733-7563)

Hours: Monday through Sunday, 4 – 7:45 p.m.

Website: <http://www.metrobostonrlc.org/warm-line.html>

Western Mass Peer Support Line

Toll-free: 1-888-407-4515

Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.

Website: <http://www.wildfloweralliance.org/peer-support-line>

(If having trouble contacting the Western Mass Peer Support Line through the listed website, please try www.westernmassrlc.org/peer-support-line. Transition to the new name is currently in progress.)

Edinburg Center Warmline

Phone: (617) 875-0748

Hours: Monday, Tuesday, Thursday, Friday, and Saturday, 5:30 - 9:30 p.m.

Assistance with Telephone Service

Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit

<http://www.lifelinesupport.org/>.

Young Adult Resources

Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center

*Update: STEPS has launched an online platform providing **free** mental health services to the **public**, including:*

- *1:1 peer support via Microsoft TEAMS or Google Voice*
- *online support groups through Microsoft TEAMS and Instagram LIVE (instructions on how to join are located in the newsletter)*

If you, or anyone would benefit from Virtual STEPS, please:

1. ***Send** your email address to steps@waysideyouth.org so they can send the Microsoft TEAMS group invitations.*
2. ***Share** the calendar, newsletter, and STEPS mobile number (508-233-8228)*
3. ***Follow** us on Instagram [here](#) to stay tuned to our events and join our Instagram LIVE groups! (IG handle: @stepsyoungadults)*

STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.

12 Prescott Street

Arlington, MA 02474

Phone: (781) 646-2826

Hours: Monday through Thursday, 1 - 7 p.m.

Email: steps@waysideyouth.org

Website: <http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx> or

https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_intern

Tempo Young Adult Resource Center

Update: Tempo staff and services information is available on its Facebook page: <https://www.facebook.com/tempoyoungadults/>. Also, see information directly above to access support through Wayside's STEPS.

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

68 Henry Street

Framingham, MA 01702

Phone: (508) 879-1424

Fax: (508) 879-1460

Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.

Website:

<https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/> or <https://www.facebook.com/tempoyoungadults/>

Zia Young Adult Access Center

Update: Please refer to the Central Mass RLC for available supports: <http://www.centralmassrlc.org/>

The Zia Young Adult Access Center and Advocacy Network prioritizes youth autonomy, liberation, and support. Part of the Central Mass Recovery Learning Community, Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

Zia Young Adult Access Center at the Kiva Center

209 Shrewsbury Street

Worcester, MA 01604

Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.

Website: <https://www.facebook.com/ZiaYAAccessCenter>

Zia Young Adult Access Center at Open Sky Community Services

4 Mann Street

Worcester, MA 01602

Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.

Website: <https://www.facebook.com/ZiaYAAccessCenter>

Speaking of Hope

Update: No further update, as this is already a “virtual” support platform.

Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.

Email: SpeakingofHope@MassMail.State.MA.US

Website: www.speakingofhope.org or

<https://www.facebook.com/speakingofhopeproject/> and <https://twitter.com/speakingofhope>

Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.

Update: BAGLY has gone to online programming:

<https://www.bagly.org/online-programs>

For specific supports and resources around the current pandemic,:

<https://www.bagly.org/covid19-resources>

BAGLY is a youth-led, adult-supported social support organization committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts, and BAGLY works with youth 22 and younger providing leadership development, health promotion and services, social support, events, and the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square

Boston, MA 02108

Phone: (617) 227-4313

Fax: (617) 227-3266

Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)

Email: info@bagly.org

Website: <http://www.bagly.org>

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network— Massachusetts locations

<https://www.bagly.org/the-agly-network/>

Update: Please refer to listing directly above for current “virtual” programming.

Youth on Fire

Update: Youth on Fire is currently closed during the COVID-19 emergency.

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street

Cambridge, MA 02138

Phone: (617) 661-2508

Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. – 1 p.m. and 2 – 5:45 p.m.

Thursday by appointment only.

Email: yof@aac.org

Website: <http://www.aac.org/youth-on-fire/> or <https://www.facebook.com/YouthOnFireMA/>

Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

Update: Youth MOVE MA is currently operating remotely. Persons seeking peer support can send a message on the Youth MOVE MA Facebook page at

<https://www.facebook.com/youthmovemassachusetts/> or email cwatts@ppal.net. Chandra is also going live on Facebook every Thursday. Other remote supports are being planned.

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. The HOPE (Helping Others Promote Equality) Youth Group is for teens ages 13 and up. The YAYA (Young Adults & Youth Advocacy) Young Adult Group is a support and advocacy group for young adults ages 17 and older. The HOPE Youth Group meets every Tuesday at 5 p.m., and the YAYA group meets on the first and third Thursdays every month at 5 p.m. at Youth MOVE’s Worcester office.

40 Southbridge Street, Suite 310

Worcester, MA 01608

Phone: (508) 767-9725

Email: YouthMOVEMassachusetts@gmail.com

Chandra Watts, Youth Move’s Youth Coordinator, can be emailed at cwatts@ppal.net.

Website: <https://sites.google.com/a/ppal.net/youth-move-massachusetts/> or

<https://www.facebook.com/youthmovemassachusetts>

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and

Peer Support Resource Guide

an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: <http://www.mentalhealthrecovery.com>

Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to *create*, rather than what they “need” to *change*.

Phone: (202) 684-7457

Website: <http://www.integration.samhsa.gov/health-wellness/wham>

Clubhouses

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings.

More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website (www.massclubs.org) and on the International Center for Clubhouse Development (ICCD) website (<http://www.iccd.org>).

Listing of Massachusetts Clubhouses by Region:

Boston

Center Club

Update: Center Club is providing ongoing support in the form of daily e-mails, weekly mailings, Clubhouse virtual meetings, and regular one on one phone contact with its membership. . For more updates please go to

<https://www.baycovehumanservices.org/coronavirus>

31 Bowker Street

Boston, MA 02114

Director: Mary Gregorio

Phone: (617) 788-1003 or (617) 788-1000

Fax: (617) 788-1080

Org: Bay Cove Human Services

Email: cntrclb@baycove.org

Website: <http://www.centerclubboston.org/> or

<https://www.facebook.com/pages/Center-Club-Boston/105513792815005>

Transitions of Boston

Update: Closed for group activities, but staff are still meeting one-on-one with members, as well as preparing and distributing take out meals. For more updates please go to

<https://www.baycovehumanservices.org/coronavirus>

1500 Dorchester Avenue

Dorchester, MA 02122

Director: Vinnette McKay

Phone: (617) 379-5661

Fax: (617) 541-6817

Org: Bay Cove Human Services

Email: vmckay@baycove.org

Website: <https://www.baycovehumanservices.org/clubhouse-and-peer-services>

Webster House

Update: Webster House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Maggie Mahoney at 617-739-5461 or mahoneym@vinfen.org

746 South Street

Roslindale, MA 02131

Director: Maggie Mahoney

Phone: (617) 739-5461

Org: Vinfen

Email: mahoneym@vinfen.org
Website: www.websterclubhouse.org

Metro Boston

Atlantic House

Update: Atlantic House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Janette Tibets at 617-770-9660 or tibetsj@vinfen.org

338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: <http://www.atlanticclubhouse.org/>

Elliot House

Update: Stay connected through daily calls at 11 a.m. and 1 p.m. at 425-436-6328 Access Code 201683# and by Zoom forum at 6460558-8656, meeting ID 870-877-2971.

255 Highland Avenue
Needham, MA 02494
Director: Alison Siersdale
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: Asiersdale@riversidecc.org
Website: <http://elliothouse.org>

Neponset River House

Update: For information on available programming and supports please call the clubhouse at (781) 762-7075.

595 Pleasant Street
Norwood, MA 02062
Director: Danielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: <http://www.neponsetriverhouse.org/>

Central

Employment Options Clubhouse

Update: The clubhouse has created a COVID-19 hotline which will be responded to quickly by staff and is preparing meals to be delivered to each member through "Deliver at Door" to minimize risk. The clubhouse connecting with members through Facebook and Facebook live, text, phone calls, videos, mailings, emails, and Skype.

82 Brigham Street

Marlborough, MA 01752

Director: Liz Gulachenski

Phone: (508) 485-5051

Fax: (508) 485-8807

Org: Employment Options

Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org

Website: <http://www.employmentoptions.org/> or

<https://www.facebook.com/EmploymentOptions/>

Charles Webster Potter Place

Update: Potter Place is working remotely, making phone calls to members and delivering food and needed items as needed. The main number is being forwarded to a work cell phone so all calls are still being received. New members are not being enrolled at this time.

15 Vernon Street

Waltham, MA 02453

Director: Judith Kellam

Phone: (781) 894-5302

Org: Edinburg

Email: jkellam@edinburgcenter.org

Website: <http://www.edinburgcenter.org/charles-webster-potter-place/>

Crossroads Clubhouse

Update: Updated information on current services and supports can be found on the Facebook page at <https://www.facebook.com/CrossroadsClubhouse/> and by calling the clubhouse during regular hours at (508) 473-4715.

11 Williams Street

Hopedale, MA 01747

Program Director: Lauren Baxter

Phone: (508) 473-4715

Org: Riverside Community Care

Email: lbaxter@riversidecc.org

Website: <http://www.crossroadsclubhouse.org/> or

<https://www.facebook.com/CrossroadsClubhouse/>

Crystal House

Update: Onsite services have been suspended, but staff are available remotely and providing check-ins and other supports, and delivering lunches, etc. Call the clubhouse at (978) 630 2794 for further information.

55 Lake Street, #100

Gardner, MA 01440

Director: Tamela Deveikis

Phone: (978) 630 2794

Org: Open Sky

Email: tamela.deveikis@openskycs.org

Elm Brook Place

Update: The clubhouse is staffed and available via phone Monday through Friday from 8 a.m. to 4 p.m. at (781) 202-3478. The clubhouse is also exploring building a social media platform so members can support one another and “hang out” safely.

4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: <http://www.elmbrookplace.org/>

Genesis Club, Inc.

Update: Genesis is currently operating as a ‘virtual’ clubhouse. To learn more about the supports and services available, call staff at (508) 831-0100, leave a message and someone will call back.

274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesiscub.org or ruth@genesiscub.org
Website: <http://www.genesiscub.org> or <https://www.facebook.com/genesiscubinc/>

Tradewinds

Update: Viability’s clubhouses, including Tradewinds are currently closed, with modified services to provide clubhouse members with essential supports. Members can contact the clubhouse at the office number, or with a new email (tradewindsclubhouse@gmail.com) which staff check weekdays from 8 a.m. to 4 p.m. and get information on telephone and online meetings and supports and stay connected on the Facebook page at <https://www.facebook.com/tradewinds.club/>

309 Main Street
Southbridge, MA 01550
Director: Brittany Clark
Phone: (508) 765-9947
Org: Viability
Email: BClark@viability.org
Website: <https://www.facebook.com/tradewinds.club/>

Westwinds

Westwinds’ physical site is closed to members, but staff is maintaining daily contact with members and is in the process of exploring the interest for Zoom meetings.

545 Westminster Street
Fitchburg, MA 01420

Director: Deborah Downing
Phone: (978) 345-1581
Org: Community Health Link
Email: ddowning@communityhealthlink.org or westwinds@communityhealthlink.org
Website: <http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse>

Northeast

Haverhill Clubhouse

Update: Haverhill Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Kerry Caraccio at 978-521-6957 or caracciok@vinfen.org

100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caracciok@vinfen.org
Website: <http://www.haverhillclub.org/>

Harbor Place Clubhouse

Update: Harbor Place Clubhouse is currently closed. Staff continue to outreach to members every day, to be available for support by telephone and to provide meals and online groups and supports. For further information, please email Christina Tinkham at ctinkham@eliotchs.org

71 Linden Street
Lynn, MA 01905
Director: Christina Tinkham
Manager: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: mharris@eliotchs.org

Horizon House

Update: Horizon House is currently closed, but staff are available by telephone Mondays through Saturdays and are providing outreach meals and care packages. There is a daily conference call at 2 p.m. and Zoom online meetings. For further information, contact Horizon House at (781) 245-4272.

78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
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Org: Riverside Community Care
Email: ctaatjes@riversideecc.org
Website: <http://www.horizonhouseclubhouse.org/>

Point After Club

Update: Point After Club is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Tom Coppinger at 978-681-7753 or coppingerth@vinfen.org.

15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: <http://www.pointafterclub.org/>

Renaissance Club

Update: Although the Renaissance Club is currently closed, staff are available by telephone for support and are providing free lunches for members. For more updates please check the Facebook page at <https://www.facebook.com/renclub.lowell/>

176 Walker Street, Second Floor
Lowell, MA 01854
Director: Heather Gilbert
Phone: (978) 454-7944
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: hgilbert@eliotchs.org or renclublowell@gmail.com
Website: <https://www.renaissanceclublowell.org/> or
<https://www.facebook.com/renclub.lowell/>

Salem Connections Clubhouse

Update: Salem Connections Clubhouse is currently closed. Staff continue to outreach to members every day, to be available for support by telephone and to provide meals and online groups and supports. For further information, please email Christina Tinkham at ctinkham@eliotchs.org

50 Grove Street
Salem, MA 01970
Director: John Kirton
Phone: (978) 498-4400
Org: Eliot Community Human Services
Email: jkirton@eliotchs.org
Website: <https://www.facebook.com/Salemconnectionclubhouse/>

Southeast

Anchor House

Update: although Anchor House is currently closed, staff are available by telephone during regular hours and are keeping in contact with all members and delivering lunches.

2277 Purchase Street

New Bedford, MA 02746

Director: Paul Lavoie

Phone: (508) 984-4300

Fax: (508) 984-1453

Org: Fellowship Health Resources

Email: plavoie@fhr.net

Website: <https://www.fhr.net/our-services/clubhouses/anchorhouse> or
<https://www.facebook.com/FHR-Anchor-House-115901989848610/>

Baybridge

Update: Baybridge Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Tom Couhig at 508-778-4234 or couhigt@vinfen.org

278 Main Street

Hyannis, MA 02601

Director: Tom Couhig

Phone: (508) 778-4234

Org: Vinfen

Email: couhigt@vinfen.org

Website: <http://www.baybridgeclubhouse.org/>

Cove Clubhouse

Update: Cove Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Sabrina Kreber at 508-432-7774 or krebers@vinfen.org

383 Route 28

Harwichport, MA 02646

Director: Sabrina Kreber

Phone: (508) 432-7774

Org: Vinfen

Email: Krebers@vinfen.org

Website: www.coveclubhouse.org or <https://www.facebook.com/Cove-Clubhouse-96369568380/>

Daybreak

Update: Staff remains available via telephone, email or telehealth technology.

457 State Road, #B

Vineyard Haven, MA 02568

Phone: (508) 696-7563

Org: Martha's Vineyard Community Services

Email: anicholson@mvcommunityservices.com

Website: <https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/>

Fairwinds

Update: The doors are currently closed, but Fairwinds is still operating remotely. Staff are providing outreach, meals, group video chats and more, as well as posts on its Facebook page and telephone support. Fairwinds is also providing daily meals to FHR's respite program in Hyannis.

155 Katherine Lee Bates Road

Falmouth, MA 02540

Director: Gerald McDowell

Phone: (508) 540-6011

Org: Fellowship Health Resources

Email: gmcdowell@fhr.net

Website: <http://www.fhr.net/our-services/clubhouses/fairwinds> or <https://www.facebook.com/fairwindsclubhouse/>

Our House in Brockton

Update: The clubhouse is currently closed, but staff are providing daily outreach and are available for telephone support during operating hours, as well as providing meals three days a week.

728 Belmont Street

Brockton, MA 02301

Director: Maria Lobo-Terrell

Phone: (508) 857-1657

Org: Brockton Area Multi-Services, Inc. (BAMSI)

Email: marialobo-terrell@bamsi.org

Plymouth Bay House

Update: Plymouth Bay House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Jaimee Provan at 508-747-1115 or provanj@vinfen.org

340 Court Street

Plymouth, MA 02360

Peer Support Resource Guide

Director: Jaimee Provan
Phone: (508) 747-1115
Org: Vinfen
Email: provanj@vinfen.org
Website: <http://www.plymouthbayhouse.org/> or
<https://www.facebook.com/plymouthbayhouse/>

Taunton River House (formerly Corner Clubhouse)

Update: The clubhouse is closed but staff are available for telephone support and are providing daily outreach, meals and other essential supports and services as well as various online meetings and workshops and connecting with members on its Facebook page: <https://www.facebook.com/Tauntonriverclubhouse/>. For members without access to the internet, the clubhouse is also offering limited one person at a time access to the clubhouse for access to virtual job interviews, etc.

225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: <https://www.fhr.net/our-services/clubhouses/cornerclubhouse> or
<https://www.facebook.com/Tauntonriverclubhouse/>

Towne House

Update: The in-house services are currently suspended, but Towne House is still operating. Staff are available for telephone support and are conducting daily outreach and providing daily mobile food drop-offs. The regular DRA programming is continuing virtually, and the weekly morning meeting may be moving to a daily call. There are a wide variety of online meetings and other offerings for members: please contact the clubhouse for access and other information.

1706 President Avenue
Fall River, MA 02720
Director: Aaron Labonte
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: alabonte@fhr.net
Website: <https://www.fhr.net/our-services/clubhouses/townehouse> or
<https://www.facebook.com/FHRTowneHouse/>

Western

Forum House

*Update: Please see the Forum House Facebook page for current online meetings and social activities: <https://www.facebook.com/ForumHouse-Westfield-1645719352331285/>
The food pantry is still open Mondays, Wednesdays and Fridays from 1 – 3 p.m.*

55 Broad Street
Westfield, MA 01085
Director: Sally English

Phone: (413) 562-5293

Fax: (413) 562-9163

Org: Viability

Email: senglish@viability.org or forumhouse2@viability.org

Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/ForumHouse-Westfield-1645719352331285/>

Green River House

Update: Green River House is still offering extremely limited on-site services as well as daily outreach calls and other essential supports and “grab and go” and curbside lunches. Zoom meetings are held at 10 a.m. and 1:30 p.m. and a warmline is available from 6 to 8 p.m. For more information please contact Kim Britt at Kbritt@csoinc.org.

37 Franklin Street

Greenfield, MA 01301

Director: Kim Britt

Phone: (413) 772-2181

Fax: (413) 772-2032

Org: Clinical and Support Options

Email: Kbritt@csoinc.org or grh@csoinc.org

Website: <https://www.csoinc.org/community-based-programs> or

<https://www.facebook.com/Green-River-House-243007819087077/>

Lighthouse

Update: Viability’s clubhouses, including Lighthouse are currently closed, with modified services to provide clubhouse members with essential supports. Members can email Clubhouse Director Toni Bator at tbator@viability.org for information, including available online meetings. The clubhouse is also staying connected through its Facebook page:

<https://www.facebook.com/viabilityocks/>.

1401 State Street

Springfield, MA 01109

Director: Toni Bator

Phone: (413) 736-8974

Fax: (413) 785-5030

Org: Viability

Email: tbator@viability.org

Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/viabilityocks/>

Star Light Center

Update: Viability’s clubhouses, including Star Light Center are currently closed, with modified services to continue to provide clubhouse members with essential supports. Staff continue to be available by telephone and are delivering lunches to those who order them by 11 a.m. The clubhouse is staying connected to members through Uber conference calls at 3 p.m. (information available on its Facebook page:

<https://www.facebook.com/251slc/>)

251 Nonotuck Street

Florence, MA 01062

Director: Evan Kerke

Phone: (413) 586-8255

Fax: (413) 586-8311

Org: Viability

Email: Ekerke@viability.org

Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/pg/251slc>

Odyssey House

Update: Viability's clubhouses, including Odyssey House are currently closed, with modified services to continue to provide clubhouse members with essential supports.

474 Appleton Street

Holyoke, MA 01040

Director: Jillian Cunningham

Phone: (413) 538-4377

Fax: (413) 538-4355

Org: Viability

Email: jcunningham@viability.org

Website: <https://www.viability.org/clubhouses> or

<https://www.facebook.com/Odyssey-Clubhouse-644025472417561/>

Quabbin House

Update: Quabbin House's physical location is currently closed, but staff are available for telephone support and are conducting daily outreach and providing lunch for members who call in. There is a Zoom meeting twice a day, and the DRA programming continues. Quabbin House is also providing a warm line from 6 to 8 p.m., in conjunction with Green River House. For general and access information for the above, call the clubhouse at (978) 544-1859.

25 West Main Street

Orange, MA 01364

Director: Danielle Barron

Phone: (978) 544-1859

Fax: (978) 544-1860

Org: Clinical Support Options

Email: Daniellebarron@csinc.org or info@csinc.org

Website: <https://www.csinc.org/community-based-programs>

Berkshire Pathways

Update: Viability's clubhouses, including Berkshire Pathways are currently closed, with modified services to continue to provide clubhouse members with essential supports. Staff continue to be available by telephone and are delivering lunches to those who order them. The clubhouse is staying connected to members through postings on its Facebook page:

<https://www.facebook.com/BerkshirePathways/>

199 B South Street

Pittsfield, MA 01201

Director: David Brien

Phone: (413) 464-7949

Fax: (413) 464-7942

Org: Viability

Email: dbrien@viability.org

Website: <https://www.viability.org/clubhouses> or

<https://www.facebook.com/BerkshirePathways>

Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

Ad-Lib, Inc. – Pittsfield

Update: All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page at

<https://www.facebook.com/AdLibCIL/>

Joseph Castellani, Jr., Executive Director

215 North Street

Pittsfield, MA 01201

Phone: (413) 442-7047

Fax: (413) 443-4338

Email: jcastellani@adlibcil.org or adlib@adlibcil.org

Website: <https://www.adlibcil.org/> or <https://www.facebook.com/AdLibCIL/>

STAVROS – Amherst

Stavros is currently asking the public to refrain from coming to its offices. Calls or emails will be returned within 24 hours. However calls may be returned from different numbers, number so please answer. More contact information is available at

https://www.stavros.org/Contact_us.

Angelina Ramirez, Executive Director

210 Old Farm Road

Amherst, MA 01002

Phone: (413) 256-0473

Toll-free: 1-800-804-1899

Email: aramirez@stavros.org or info@stavros.org

Website: www.stavros.org or <https://www.facebook.com/stavros413/>

Center for Living and Working, Inc. – Worcester

Update: All Center for Living and Working staff are currently working remotely. Please leave a message and the call will be returned. The Facebook page contains general information and resources as well as information on virtual groups being held by Center for Living and Working.

Meg Coffin, Chief Executive Officer

484 Main Street, Suite 345

Worcester, MA 01608

Phone: (508) 798-0350

Video Phone: 508-762-1164

TTY: (508) 755-1003

Toll-free: 1-800-570-4020

Fax: (508) 797-4015

Email: mcoffin@centerlw.org or opsearch@centerlw.org

Website: <http://www.centerlw.org/> or

<https://www.facebook.com/CenterForLivingAndWorking/>

Boston Center for Independent Living – Boston

Update: Office Closed Due to COVID-19. All staff working remotely. Please call and leave a message.

Bill Henning, Executive Director

60 Temple Place, 5th Floor

Boston, MA 02111

Phone: (617) 338-6665

Toll-Free: 1-866-338-8085

TTY: (617) 338-6662

Fax: (617) 338-6661

Email: bhenning@bostoncil.org

Website: <https://bostoncil.org/>

Cape Organization for the Rights of the Disabled – Hyannis

Coreen Brinckerhoff, Chief Executive Officer

Update: CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.

106 Bassett Lane

Hyannis, MA 02601

(CORD will be moving in January or February—email them for new address)

Phone: (508) 775-8300

Toll-free: 1-800-541-0282

Fax: (508) 775-7022

V/TTY (508) 775-8300

Email: cordinfo@cilcapecod.org

Website: <http://www.cilcapecod.org> or <https://www.facebook.com/cordcapecod/>

Independence Associates, Inc. – East Bridgewater

Update: Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call. For the staff directory please go to <https://www.iacil.org/about/staff/>.

Steve Higgins, Executive Director

100 Laurel Street, Suite 122
East Bridgewater, MA 02333
Phone: (508) 583-2166
Toll-free: 1-800-649-5568
Fax: (508) 583-2165
Email: shiggins@iacil.org or info@iacil.org
Website: <https://www.iacil.org/>

Disability Resource Center (formerly Independent Living Center of the North Shore and Cape Ann, Inc.) – Salem

Update: Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom or Skype. Please continue to reach out either by phone (978) 741-0077, or email at Info@disabilityrc.org

Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: <https://disabilityrc.org/> or <https://www.facebook.com/DisabilityRCSalem>

MetroWest Center for Independent Living – Framingham

Update: All direct service staff at MetroWest Center for Independent Living are currently working remotely. Please call the main office number and someone will answer and direct your call.

Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: <https://www.mwcil.org/> or <https://www.facebook.com/MWCIL/>

Northeast Independent Living Center – Lawrence

Update: All NILP staff are working remotely but still providing services. Please e-mail help@nilp.org or call (978) 687-4288.

June Sauvageau, Chief Executive Officer

Lawrence Site:

20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488

Lowell Site:

35 John Street, 2nd Floor
Lowell, MA 01852
Phone: V/TTY: (978) 687-4288
Fax: (978) 455-4999

Email: jsauvageau@nilp.org or help@nilp.org

Website: www.nilp.org or <https://www.facebook.com/NortheastIndependentLivingProgram/>

Southeast Center for Independent Living – Fall River

Update: All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message

Lisa Pitta, Executive Director

66 Troy Street, Suite #3

Fall River, MA 02720

Phone: (508) 679-9210

Fax: (508) 677-2377

Email: lpitta@secil.org or scil@secil.org

Website: <http://www.secil.org/> or <https://www.facebook.com/SCILinc/>

Miscellaneous Resources

Massachusetts Advocacy and Legal Resources

- **Disability Law Center of Massachusetts:** <https://www.dlc-ma.org/>
Update: DLC staff are working remotely at this time. Please call 617-723-8455 or 800-872-9992 to request assistance; email at mail@dlc-ma.org
- **Mental Health Legal Advisors Committee (MHLAC):** <http://www.mhlac.org/>
Update: MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.
<https://www.facebook.com/www.mhlac.org/>

Other Local Peer Resources

Jonathan O. Cole Resource Center

Update: for virtual support meetings: <https://www.coleresourcecenter.org/support-groups-mentoring>

Contact: Joanne Grady-Savard, Executive Director

deMarneffe Building, Room 120A

115 Mill Street

Belmont, MA 02478

Phone: (617) 855-3298

Fax: (617) 855-3666

Email: info@coleresourcecenter.org

Website: <http://www.coleresourcecenter.org>

National Depression and Bipolar Support Alliance (DBSA)

Update: For online support please go to: <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

55 E. Jackson Blvd, Suite 490

Chicago, Illinois 60604

Toll-free Phone: 1-800-826-3632

Fax: (312) 642-7243

Email: info@dbsalliance.org
Website: <http://www.dbsalliance.org>

Depression and Bipolar Support Alliance of Boston (DBSA-Boston)

Update: Please refer to the DBSA Boston website for its expanding range of online support options: <http://dbsaboston.org/>

Contact: Barry Park

P.O. Box 102

115 Mill Street

Belmont, Mass 02478

Phone: (617) 855-2795

Fax: (617) 855-3666

Email: info@dbsaboston.org

Website: <http://www.dbsaboston.org/> or <https://www.facebook.com/BostonDBSA>

NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)

Update: NAMI GB PSAN is currently holding a private Tuesday zoom support meeting for staff but is closed to new members at this time.

(formerly NAMI Greater Boston Consumer Advocacy Network)

NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Erich Lindemann Building, Plaza Level

25 Staniford Street

Boston, MA 02114

Phone: (781) 642-0368

Email: info@namiboston.org

Website: <https://namiboston.org/people-living-mental-illness/>

Eastern Mass Peer Network (EMPN)

Update: Eastern Mass Peer Network is responding to the current pandemic by passing along information and resources. The International Association of Peer Supporters (INAP) has a lot of information and resources on providing peer support during the pandemic at <https://www.inaops.org/>

Eastern Mass Peer Network (EMPN) is a professional organization of peer workers. EMPN is available to provide support to the peer support workforce by email or phone.

Phone: (617) 905-5241

Email: 2017empn@gmail.com

Facebook: <https://www.facebook.com/EMPeerNet/>

Hearing Voices Network USA

Update: Online groups are available. For questions and details on how to access the groups, please email info@hearingvoicesusa.org

Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.

Email: info@hearingvoicesusa.org

Website: <http://www.hearingvoicesusa.org/>

Massachusetts United for Connection and Healing (MUCH)

MUCH is currently hosting a Statewide Bridging Connection Call and a CPS Connection Call on Wednesdays, as well as offering 1:1 support for Certified Peer Specialists statewide during the COVID-19 pandemic. For more information on all MUCH activities, contact Khalil Power at Khalil.power@centralmassrlc.org.

A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.

Contact: Khalil Power, Project Coordinator

Email: info@muchnetwork.org

Website: www.MUCHnetwork.org

Opening Doors to the Arts (ODA)

Update: Opening Doors to the Arts is posting information about virtual, online events through its e-mail list. Please contact Howard Trachtman at howard@openingdoorstothearts.org for further information.

Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Phone: (781) 642-0368

Email: howard@openingdoorstothearts.org

Website: <http://www.openingdoorstothearts.org>

Two Hats Networking Dinners (Twohats)

Update: The Two Hats Networking Dinners are currently discontinued due to the pandemic.

This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.

Contact: Howard D. Trachtman, BS, CPS, CPRP

Phone: (781) 642-0368

Email: hdt@mit.edu

Website: www.twohats.org

Other National Peer Resources

Crisis Text Line

The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text

HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.

Phone: Text **HOME** to 741741

Website: <https://www.crisistextline.org/>

Peer-run National Technical Assistance Centers

- **The National Empowerment Center:** <http://www.power2u.org/>
- **STAR Center** (Support, Technical Assistance and Resources): <http://www.peerstar.org/>
- **Peerlink Technical Assistance Center**, a project of MHA of Oregon: <http://www.peerlinktac.org/>
- **Consumer Supporter Technical Assistance Center** - The Family Café: <http://cafetacenter.net/>
- **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery: <http://www.doorstowellbeing.org/>
- **The National Mental Health Consumers' Self-Help Clearinghouse:** <http://www.mhselfhelp.org/>
(*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.)