Addiction and Mental Health Recovery Peer Support Resource Guide
Index

Addiction/Dual Recovery Peer Supports
Peer Recovery Support Centers .............................................. page 3
Family Resources ................................................................... page 9
Dual Recovery Anonymous .................................................. page 9
Massachusetts Organization for Addiction Recovery (MOAR) ...... page 10
Online Resources for Persons who are Deaf or Hard of Hearing ... page 10

Mental Health Recovery Peer Supports
The Transformation Center .................................................. page 10
Recovery Learning Communities ......................................... page 11
Peer-Run Respite ................................................................ page 19
Peer Run Warm-Lines .......................................................... page 21
Young Adult Resources ...................................................... page 21

Other Non-Clinical Peer-Driven Resources
WRAP/WHAM ................................................................... page 24
Clubhouses ........................................................................... page 25

Cross-Disability/Miscellaneous Resources
Independent Living Centers ................................................. page 37
Miscellaneous Resources .................................................... page 40
Addiction/Dual Recovery Peer Supports

Peer Recovery Support Centers

*UPDATE: The state has mandated that the peer recovery support centers be closed to face to face services. A few may be open for essential services, including support for persons without housing. Best to check with specific centers for in-person availability.*

Funded by the Department of Public Health, the community-based Peer Recovery Support Centers provide an opportunity for individuals with alcohol and/substance use disorder issues and/or families affected by addictions to both offer and receive support. These centers are run largely on a volunteer basis, with members helping to choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth, as 16 additional Peer Recovery Support Centers were funded in 2019 to join the original 10. The new centers are currently in various stages of development. Below is a listing of current information on the Peer Recovery Support Centers as of January 2020.

**Western Massachusetts**

**Recover Project**

*Update: Currently offering a daily (M-F) 10AM All Recovery meeting, a warm line everyday from 1-3. As shift to go completely virtual, adding programming every day. Please check Facebook page for the current offerings: [www.facebook.com/theRECOVERProject](http://www.facebook.com/theRECOVERProject)*

Contact: Peggy Vezina, Program Director
68 Federal Street
Greenfield, MA 01301
Phone: (413) 774-5489, Ext. 103
Fax: (413) 774-6039
Email: pvezina@wmtcinfo.org
Website: [www.recoverproject.org/](http://www.recoverproject.org/) or [https://www.facebook.com/TheRECOVERProject/](https://www.facebook.com/TheRECOVERProject/)

**Hope for Holyoke Recovery Support Center**

*The center is still taking calls to the main number or to the director’s direct line (see below) and getting back to people for assistance in getting treatment as well as peer recovery support via telephone. Hope for Holyoke has a lot of online support groups also facilitated by our peers- some are Facebook live with opportunity to chat and others via zoom. Information is listed on the Facebook page: [https://www.facebook.com/HFHRC/](https://www.facebook.com/HFHRC/)*

Contact: Deborah Flynn-Gonzalez, Director
100 Suffolk Street
Holyoke, MA 01040
Phone: (413) 561-1020 or (413) 296-6111
Email: dflynn-gonzalez@gandaracenter.org
Website: [https://gandaracenter.org/hope-for-holyoke/](https://gandaracenter.org/hope-for-holyoke/) or [https://www.facebook.com/HFHRC/](https://www.facebook.com/HFHRC/)
Springfield Recovery Support Center
Update: Information on the Springfield Recovery Center online meetings are posted on its Facebook page: [https://www.facebook.com/SpringfieldPeerRecoveryCenter/](https://www.facebook.com/SpringfieldPeerRecoveryCenter/)
383 Union Street
Springfield, MA 01105
Phone: (413) 507-3635

Living in Recovery
Update: Currently closed
81 Linden Street
Pittsfield, MA 01201
Phone: (413) 320-3546
Website: [https://www.servicenet.org/services/addiction-services/living-in-recovery/](https://www.servicenet.org/services/addiction-services/living-in-recovery/) or [https://www.facebook.com/LivingInRecoveryPittsfield/](https://www.facebook.com/LivingInRecoveryPittsfield/)

Northampton Recovery Center
Update: Online meetings available. See calendar for details: [https://www.northamptonrecoverycenter.org/calendar](https://www.northamptonrecoverycenter.org/calendar)
2 Gleason Plaza
Northampton, MA 01060
Phone: (413) 834-4127
Website: [https://www.northamptonrecoverycenter.org/](https://www.northamptonrecoverycenter.org/)

Central Massachusetts

Everyday Miracles
Update: Every Day Miracles has listings of its online meetings in the posts section of its Facebook page. [https://www.facebook.com/EDMPeers/](https://www.facebook.com/EDMPeers/)
Contact: Michael Earielo, Program Director
25 Pleasant Street
Worcester, MA 01609
Phone: (508) 799-6221
Fax: (508) 756-1928
Email: Michael.Earielo@spectrumhealthsystems.org or everydaymiracles@spectrumhealthsystems.org
Website: [www.everydaymiraclesprsc.org](http://www.everydaymiraclesprsc.org) or [https://www.facebook.com/EDMPeers/](https://www.facebook.com/EDMPeers/)

No One Walks Alone (NOWA)
Update: Online skype meetings available: see Facebook page: [https://www.facebook.com/NOWARSC](https://www.facebook.com/NOWARSC)
Contact: Rebecca Zwicker, Program Director
76 Church Street, Suite 301
Whitinsville, MA 01588
Phone: (508) 488-5096
Email: rwicker@familycontinuity.org
Website: [https://www.facebook.com/NOWARSC](https://www.facebook.com/NOWARSC)
Alyssa’s Place
Update: Online Zoom meetings available: see Facebook page: https://www.facebook.com/pg/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/posts/?ref=page_internal
297 Central Street
Gardner, MA 01440
Phone: (978) 364-0920
Website: https://www.facebook.com/pages/category/Community/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/

Northeast Massachusetts

New Beginnings Peer Recovery Center
Update: Check the current Facebook page for online meetings and other support: https://www.facebook.com/LawrenceRecoveryCenter/
Contact: Joanna Morillo, Program Director
487 Essex Street
Lawrence, MA 01840
Phone: (978) 655-3674
Fax: (978) 258-4355
Email: joanna.morillo@spectrumhealthsystems.org
Website: http://www.newbeginningsprc.org/ or / https://www.facebook.com/LawrenceRecoveryCenter/

Lowell Recovery Café
Update The Recovery Café has temporarily closed its doors. If you need help, or just someone to talk to, please call Rich at 978-735-3734 or Jaime 978-770-8919.
Contact: Rich Hollett, Program Director
20 Williams Street
Lowell, MA 01852
Phone: (617) 285-6386
Email: rhollett@lowellhouseinc.org

Lynn Peer Recovery Support Center – Coming Soon

Malden Peer Recovery Support Center – Coming Soon

Metro West Massachusetts

The Recovery Connection
Update: Weekday Zoom meeting at 1 p.m. Visit the Facebook page for details: https://www.facebook.com/TheRecoveryConnection.org/
Contact: Brandon Tupper, Program Director
31 Main Street
Marlborough, MA 01752
Phone: (508) 485-0298
Fax: (508) 485-0312
Email: brandon.tupper@spectrumhealthsystems.org
Website: http://www.therecoveryconnection.org/ or https://www.facebook.com/TheRecoveryConnection.org/

A New Way Recovery Center
*Update: all support is by telephone and through zoom meetings. Call 857939-2464 and someone will call back. To be put on a confidential Zoom meeting list please email Warren Nicoli at wnicoli@baystatecs.org.*
Contact: Warren Nicoli, Director
85 Quincy Avenue, Suite B
Quincy, MA 02169
Phone: (617) 302-3287
Fax: (617) 481-0324
Email: wnicoli@baystatecs.org or ANewWayRC@baystatecs.org
Website: http://anewwayrecoveryctr.org/ or https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/

Walpole Recovery Center (renamed Turning Point Recovery Center)
*Online meetings available on Zoom--see Facebook page:* https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/
Contact: Cory O'Brien, Director
32 Common Street
Walpole, MA 02081
Phone: (508) 668-3960
Email: cobrien@baystatecs.org
Website: https://www.facebook.com/Walpole-Recovery-Center

Framingham Recovery Center – Coming Soon

Southeast Massachusetts

Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod
*Update: Zoom meetings available—see Facebook page:* https://www.facebook.com/pierrecovery/
*People can also call the center (number below) to be connected with a peer support specialist.*
Contact: Brian Robbins, Director
209 Main Street
Hyannis, MA 02601
Phone: (508) 827-6150
Email: brobbins@gandaracenter.org or pierrecoverycenter@yahoo.com
Website: https://gandaracenter.org/pier/ or https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/

Stairway to Recovery
*Update: Morning meeting at 11: see Facebook page for link and password.* https://www.facebook.com/Stairway2Recovery/
Contact: Efrain Baez, Program Director
142 Crescent Street
Peer Support Resource Guide

Brockton, MA 02302
Phone: (774) 257-5660
Email: ebaez@gandaracenter.org
Website: https://gandaracenter.org/stairway-to-recovery/ or https://www.facebook.com/Stairway2Recovery

**Peer2Peer**
*Update: Zoom online meetings are available. See Facebook page for information: https://www.facebook.com/P2PRSC/

Contact: Mike Bryant, Director
175 North Main Street
Fall River, MA 02720
Phone: (508) 567-5086
Email: mbryant@steppingstoneinc.org
Website: https://www.facebook.com/P2PRSC/

**Martha's Vineyard Recovery Center**
*Update: All supports are remote at this time, and the phone number is not being answered.
To connect with Martha's Vineyard Recovery Center, please visit its Facebook page: https://www.facebook.com/RecoveryMV/.

Contact: Jeremy Norton, Director
Beach Road
Oak Bluffs, MA 02557
Phone: (508) 693-2900
Website: https://www.facebook.com/RecoveryMV/

**Plymouth Recovery Center**
*Update: The Plymouth Recovery Center is answering to messages on its inbox on its Facebook page at https://www.facebook.com/PlymouthRecoveryCenter/. Online meeting information is also available on the Facebook page in the posts section. Calls to the center's phone are being forwarded to Director Dan Kelly.

Contact: Dan Kelly, Director
5 Main Street
Plymouth, MA 02360
Email: dkelly@gandaracenter.org
Website: https://www.facebook.com/PlymouthRecoveryCenter/

**New Bedford Recovery Center - Coming Soon**

**Boston Area**

**STEPRox**
*Update: Online All Pathways to Recovery meetings by Zoom. Information on the Facebook page: https://www.facebook.com/StepRoxRecoverySupportCenter/

Contact: Loretta Leverett, Director
**1427 Blue Hill Avenue (Temporary Address)**
Mattapan, MA 02126
**Moving to a new location on Blue Hill Avenue soon**
Devine Recovery Center
Update: Information on the Devine Recovery Center’s online supports and meetings is available on its Facebook page: https://www.facebook.com/DevineRecoveryCenter
Contact: Jen Callahan, Program Director
70 Devine Way
South Boston, MA 02127
Phone: (857) 496-1384 x601
Fax: (857) 496-0177
Email: devinerecoverycenter@gmail.com or JenCallahan@GavinFoundation.org
Website: http://www.gavinfoundation.org/programs/devine-recovery-center or https://www.facebook.com/DevineRecoveryCenter

St. Francis House
Update: St. Francis House remains open as a refuge for those it has been supporting who are homeless. Updates are available on its Facebook page: https://www.facebook.com/sfhboston/
Contact: Efrain Lozada, Director
39 Boylston Street
Boston, MA 02116
Phone: (617) 542-4211

East Boston Recovery Center (North Suffolk Mental Health) - Coming Soon
In addition to the support centers listed above, the Boston Public Health Commission funds the Safe and Sound Recovery Center, which provides peer-led support services including recovery coaching, support groups, peer leadership training opportunities, and more.

Safe and Sound Recovery Center
Update: Safe and Sound Recovery Center did not respond to multiple voicemails.
Contact: Douglas Lomax, Program Manager
774 Albany St., 2nd Floor, Room 207
Boston, MA 02118
Phone: (617) 534-2186
Hours: Monday–Friday, 8 a.m. – 5 p.m.
Open NA Meetings: Monday - Friday, 9 – 10 a.m., and 12 – 1 p.m.
Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.
Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

Learn to Cope
Update: All meetings are postponed until further notice. Please continue to check the website and Facebook page for updates. As always, office staff will be available for questions at 508-738-5148. 24/7 peer-support available through the Learn to Cope private discussion board. Learn to Cope is a peer organization that assists family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through weekly meetings throughout the state of Massachusetts.

Joanne Peterson, Executive Director
Contact: Patty or Carrie
4 Court Street, Suite 110
Taunton, MA 02780
Phone: (508) 738-5148
Email: ltc@Learn2cope.org
Website: learn2cope.org or https://www.facebook.com/Learn2Cope-257344120966186/
Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Dual Recovery Anonymous
Update: Online DRA meetings are available through the Massachusetts Clubhouse Community. For the updated list of online meetings: https://www.massclubs.org/dual-recovery-meetings/
Dual Recovery Anonymous™ (DRA) is a 12-step self-help program for individuals who are affected by both an emotional or psychiatric disability as well as an alcohol or drug dependency or addiction. Its primary goals are for members to help each other achieve dual recovery, to prevent relapse, and to carry the message of recovery to others who experience dual disorders.

The Massachusetts Clubhouse Coalition (MCC) has taken a leadership role in expanding the availability of DRA meetings throughout the state through a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now around 50 DRA groups and substance awareness meetings in Massachusetts, with a current schedule of meetings on the Massachusetts Clubhouse Coalition website listed below.

Dual Recovery Anonymous™ website: http://www.draonline.org/
Current list of DRA meetings: https://www.massclubs.org/dual-recovery-meetings/
More information on the MCC and DRA: https://www.massclubs.org/dual-recovery-committee/
Massachusetts Organization for Addiction Recovery (MOAR)

Update: MOAR's website has been updated to include an online resource guide that includes a variety of recovery support meetings as well as information specific to the COVID-19 emergency.

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends who want to educate the public about the value of living in recovery. MOAR maintains a comprehensive resource guide on addiction, recovery, and community resources and offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director
105 Chauncy Street, 6th Floor
Boston, MA 02108
Phone: (617) 423-6627
Fax: (617) 423-6626
Email: maryanne@moar-recovery.org
Website: http://www.moar-recovery.org

Online Resources for Persons Who Are Deaf or Hard of Hearing

Update: No updates as these are already online platforms.

Online Deaf and Hard of Hearing 12-Step Meeting List:
http://aa-intergroup.org/directory_dhoh.php

Deaf off Drugs and Alcohol (DODA):
https://www.facebook.com/Deaf-Recovery-DODA-112334123604/

Mental Health Recovery Peer Supports

The Transformation Center
The Transformation Center is a statewide peer-run organization that engages and partners with the community voice of people with mental health, trauma or dual mental health/addiction recovery needs, along with many allies, to develop and promote effective approaches to recovery support.

The Transformation Center provides the certified peer specialist (CPS) training and certification for Massachusetts, works to expand availability of WRAP classes and facilitator training, and supports other training, support and policy advocacy initiatives.

Contact: Brenda Vezina, Executive Director
209 Shrewsbury Street
Worcester, MA 01604
Phone: (508) 751-9600  
Fax: (508) 751-9601  
Email: info@transformation-center.org  
Website: www.transformation-center.org  

Recovery Learning Communities

Recovery Learning Communities (RLCs) are DMH-funded, peer-run networks of self-help/peer support, information and referral, advocacy and training activities. Training in recovery concepts and tools, advocacy forums, and social and recreational events are all part of what goes on in a Recovery Learning Community. RLCs also support persons with psychiatric disabilities to take charge of their own recovery process.

The over-arching charge of RLCs is to create significant culture change that shifts the traditional focus on symptom management to a focus on promoting recovery, resilience, and wellness. Designed to be built upon established partnerships, RLCs work collaboratively with peer-run organizations and services, other mental health providers, other human service agencies, and the community at large to forward the mission of community integration and respect for people with mental health conditions.

Wildflower Alliance (formerly the Western Mass Recovery Learning Community (RLC))*

Update: The Holyoke and Springfield (Bowen) centers are still holding open hours, on a capacity basis. For up to date posting of what's open please go to: http://www.westernmassrlc.org/cancellations-closures-a-delays/887-closures-and-cancelations-for-march-and-april-2020

The Western Mass RLC has also compiled an extensive list of online meetings and supports at the following link: http://www.westernmassrlc.org/hidden-community-happenings-fix/888-on-line-and-phone-supports-march-2020

Contact: Sera Davidow, Director  
199 High Street  
Holyoke, MA 01040  
Phone: (413) 539-5941  
Toll-Free: 1-866-641-2853  
Fax: (413) 493-7810  
Email: info@wildfloweralliance.org  
Website: https://www.wildflower-alliance.org

The Wildflower Alliance has four parts: peer-to-peer supporters, alternative healing practices, advocacy, and learning and growth opportunities. In addition to what is listed below, peer supports include a bridging team that goes into several local jails and hospitals to offer support to people transitioning back to community. It also offers a variety of groups, tenancy preservation supports, and more. As a part of their learning and growth opportunities, they offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new project (working title: Empowering Individuals with Lived Experience) that will focus state-wide on reaching people who’ve been marginalized based not only on their psychiatric history, but also on their gender, sexual
orientation, race, disability status, and other identities that commonly limit people’s access to resources and full community participation.

* If you are having trouble with the contact information listed above, please try the original emails (name@westernmassrlc.org) and original website (www.westernmassrlc.org). Wildflower Alliance Community Centers are located at:

**Holyoke Center**
Contact: Chris Carlton, Community Coordinator
199 High Street
Holyoke, MA 01040
Phone: (413) 539-5941
Toll-Free: 1-866-641-2853
Fax: (413) 493-7810
Email: chris@wildfloweralliance.org
Website: http://www.wildflower-alliance.org/holyoke

**Springfield Center (Bowen Resource Center)**
Contact: Mike Cook, Community Coordinator
235 Chestnut Street
Springfield, MA 01103
Phone: (413) 372-5652
Email: michael@wildfloweralliance.org
Website: http://www.wildflower-alliance.org/springfield

**Greenfield Center**
Contact: Calvin Moen, Community Coordinator
20 Chapman Street
Greenfield, MA 01301
Phone: (413) 772-0715
Email: calvin@wildfloweralliance.org
Website: http://www.wildfloweralliance.org/greenfield or https://www.facebook.com/groups/rlcgreenfield/about/

**Pittsfield Center**
Contact: Jean-Marie, Community Coordinator
361 North Street
Pittsfield, MA 01201
Phone: (413) 464-9807
Email: jeanmarie@wildfloweralliance.org
Website: http://www.wildflower-alliance.org/pittsfield

**Central Massachusetts Recovery Learning Community (RLC)**

*Update: A wide variety of supports and resources such as yoga and Zumba have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings:* http://www.centralmassrlc.org/calendar/
https://www.facebook.com/kivacenter/TheKivaCenter
Contact: Brenda Vezina, Executive Director  
209 Shrewsbury Street  
Worcester, MA 01604  
Phone: (508) 751-9600  
Fax: (508) 751-9601  
Email: info@centralmassrlc.org or brenda.vezina@centralmassrlc.org  
Website: https://www.centralmassrlc.org or https://www.facebook.com/kivacenter/  
The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.

Kiva Metro West Access Center  
*Please note that this RLC site is only open on Tuesdays and Thursdays from 10 a.m. to 2 p.m.*  
Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators  
855 Worcester Road, Suite 12 (Trolley Square Plaza)  
Framingham, MA 01701  
Phone: (508) 626-2206  
Email: Lindsey.vezina@centralmassrlc.org or Andrei.silva@centralmassrlc.org  
Website: http://www.centralmassrlc.org/areas/framingham/

Kiva South County Site  
*Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.*  
Contact: Jasmine Quinones, Program Coordinator  
346 Main Street  
Southbridge, MA 01550  
Phone: (508) 765-6670 or (508) 751-9600  
Email: jasmine.quinones@centralmassrlc.org  
Website: http://www.centralmassrlc.org/areas/south/

Additionally, Kiva support groups take place in the following communities:  
Fitchburg, Leominster, Gardner, Hudson: http://www.centralmassrlc.org/areas/north/  
South County area (Southbridge to Milford): http://www.centralmassrlc.org/areas/south/  
Natick, Marlborough: http://www.centralmassrlc.org/areas/framingham/  
Norwood: http://www.centralmassrlc.org/areas/canton/

For Young Adults:  
*Update: Please refer to the Central Mass RLC for available supports:* http://www.centralmassrlc.org/  
Zia Young Adult Access Center and Advocacy Network, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16–22. More information is available in the Young Adult Resources section.

Northeast Recovery Learning Community (RLC)
Update: Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times: https://www.nilp.org/northeast-recovery-learning-community-nerlc/

Contact: Helina Fontes, NERLC Program Director
20 Ballard Road
Lawrence, MA 01843
Telephone (V/TTY): (978) 687-4288, Ext. 149
Fax: (978) 689-4488
Email: hfontes@nilp.org or help@nilp.org

Northeast RLC Hubs are located at:

**Essex North Hub**
Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or Lisa Rivard, Peer Specialist
20 Ballard Road
Lawrence, MA 01843
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggren@nilp.org or lrivard@nilp.org

**Greater Lowell Hub**
Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or David Carignan, Peer Specialist
35 John Street, 2nd Floor
Lowell, MA 01852
Telephone: (978) 687-4288, Ext. 200 or Ext. 140
Email: mberggren@nilp.org or dcarignan@nilp.org

**Metro North Hub**
Contact: Rachely Ramos, Metro North/Acton Hub Manager
40 Eastern Avenue, Suite 318
Malden, MA, 02148
Telephone: (978) 687-4288, Ext. 201
Email: rramos@nilp.org

**Greater Lynn Hub**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager or Gerry McManamy, Peer Specialist
1 Market Street, Suite 203
Lynn, MA 01901
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org or gmcmanamy@nilp.org

**North Shore Area**
Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager
Telephone: (978) 687-4228, Ext. 203
Email: aorfanos@nilp.org
**Acton Area**  
Contact: Rachely Ramos, Metro North and Acton Hub Manager  
Telephone: (978) 687-4288, Ext. 201  
Email: rramos@nilp.org

**Transitional Age Youth (TAY) Peer Support**  
Contact: Rachely Ramos, Metro North and Acton Hub Manager for assistance  
Location: Northeast Area Wide  
Telephone: (978) 687-4288, Ext. 201  
Email: rramos@nilp.org

**Older Adult Peer Support**  
Contact: Joanne Wolf, Older Adult Peer Specialist  
Location: Northeast Area-Wide  
Telephone: (978) 687-4288, Ext. 202  
Email: jwolf@nilp.org

**Metro-Boston Recovery Learning Community (RLC)**

*Update: The Metro Boston RLC is currently offering online and conference call line peer support groups. Information is available at: [http://metrobostonrlc.org/](http://metrobostonrlc.org/)*

*The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:*

**Boston Resource Center (BRC)**  
Contact: Howard D. Trachtman, Director of Constituent Affairs  
85 East Newton Street, Ground Floor  
Boston, MA 02118  
Phone: (781) 642-0368  
Fax: (617) 414-1975  
Email: info@metrobostonrlc.org  
Website: [http://www.metrobostonrlc.org/brc.html](http://www.metrobostonrlc.org/brc.html)

**Cambridge/Somerville Recovery Learning Center**  
Contact: Janel Tan, Director  
35 Medford Street, 1st Floor, Suite 111  
Somerville, MA 02143  
Phone: (617) 863-5388  
Email: tanj@vinfen.org  
Website: [http://www.metrobostonrlc.org/csrlc.html](http://www.metrobostonrlc.org/csrlc.html)

**Peer Support Network**  
Contact: Karen Kugel, Director  
31 Bowker Street, 5th floor  
Boston, MA 02114  
Phone: (617) 788-1034  
Email: psn@baycove.org or kkugel@baycove.org  
Website: [http://www.metrobostonrlc.org/psn.html](http://www.metrobostonrlc.org/psn.html) or [http://www.metrobostonrlc.org](http://www.metrobostonrlc.org)
**Dorchester satellite** (*Saturdays only, 10 a.m. – 3 p.m.*)
1500 Dorchester Avenue
Dorchester, MA 02122
Phone: (617) 788-1034
Email: psn@baycove.org or kkugel@baycove.org
*To gain access to the building and for programming and other information please call (617) 788-1034.*

**Hope Recovery Learning Center**
Contact: Julie Anne Entwistle, Center Coordinator or Zohreh King, Director of Recovery
The DMH Erich Lindemann Mental Health Center
25 Staniford Street (plaza level)
Boston, MA 02114
Phone: (617) 912-7867
Email: Zking@northsuffolk.org

**South East Recovery Learning Community (RLC)**
*Update: Online groups are available. See updated listings below for details on specific centers:*
Contact: Sandra Whitney Sarles, Director
c/o 106 Bassett Lane
Hyannis, MA 02601
Phone: (774) 212-4519
Email: info@southeastrlc.org or sandra.whitney-sarles@bmc.org
Website: http://www.southeastrlc.org/

*Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:*

**Fall River RCC**
*Update: Online groups are available. See calendar link for details:*
http://www.southeastrlc.org/fallriver-calendar.html
Contact: Niki Fontaine, Area Program Director
649 Bedford Street
Fall River, MA 02720
Phone: (508) 675-3137
Email: fontainen@vinfen.org
Website: http://www.southeastrlc.org/fallriver_index.html

**Hyannis RCC**
*Update: Online groups are available. See calendar link for details:*
http://www.southeastrlc.org/hyannis-calendar.html
Contact: Jason Raineri, Area Program Director
Brockton RCC

Update: Due to COVID-19, the RCC will be closed until further notice. Please call the RCC Area Program Director to see what support is being offered. Remote access support groups dates and times will be added soon.

Contact: Janet Ransom, Area Program Director
730 Belmont Street
Brockton, MA 02301
Phone: (508) 857-0316
Email: janetransom@bamsi.org
Website: http://www.southeastrlc.org/brockton_index.html

Quincy RCC

Update: Online groups are available. See website for schedule and details: http://www.southeastrlc.org/quincy_index.html

Contact: Abigail Gascoyne, Area Program Director
1458 Hancock Street
Quincy, MA 02169
Phone: (617) 405-5263
Email: gascoynea@vinfen.org
Website: http://www.southeastrlc.org/quincy_index.html
The Five Recovery Learning Communities and Their Locations

Western MA RLC
(Western MA Consortium)
- Holyoke Center
- Springfield Center
- Greenfield Center
- Pittsfield Center

Central MA RLC
(Transformation Center)
- Worcester RCC
  (Kiva Center)
- Kiva MetroWest
- Southbridge Center

North East RLC
(NE Independent Living Program)
- Essex North Communities Hub
- Greater Lowell Communities Hub
- Metro North Communities Hub
- Greater Lynn Communities Hub

SE RLC
(Boston Medical Center *)
- Fall River RCC
  (Vinfen)
- Hyannis RCC
  (Vinfen)
- Brockton RCC
  (BAMSI)
- Quincy RCC
  (Vinfen)

Metro Boston RLC
(BMC *)
- Boston Resource Center
  (BMC)
- Cambridge/Somerville Recovery Learning Center
  (Vinfen)
- PERC
  (Dorchester) (Bay Cove)
- Hope Recovery Learning Center
  (North Suffolk)
- Peer Support Network
  (Bay Cove)

* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.
Peer-run Respite/Crisis Alternatives

Afiya Peer Respite

Afiya is the first peer-run respite in Massachusetts and is run by the Wildflower Alliance/Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya’s mission is to turn what is often perceived as a crisis into a useful “learning and growth opportunity.” Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director
Phone: (413) 570-2990
Email: ephraim@wildfloweralliance.org
Website: [http://www.wildflower-alliance.org/afiya](http://www.wildflower-alliance.org/afiya)

(If having trouble contacting Afiya through listed email and website, please try ephraim@westernmassrlc.org and www.westernmassrlc.org/afiya while transition to the new organizational name is in progress.)

The Living Room (Springfield)
Update: The Springfield Living Room is still providing in-person services, although the maximum number if guests is currently four persons.

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L
Springfield, MA 01104
Phone: (413) 310-3312
Website: [https://www.bhninc.org/services-and-programs/emergency-services/living-room](https://www.bhninc.org/services-and-programs/emergency-services/living-room)

The Living Room (Framingham)
Update: The Living Room is closed for all in-person visits and support groups until further notice. Peer specialists are available to support individuals experiencing emotional distress or a mental health crisis with 24-hour phone support at (508) 661-3333

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The
Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

284 Union Avenue
Framingham, MA 01702
Phone: (508) 661-3333
Email: TheLivingRoom@Advocates.org
Website: https://www.advocates.org/services/livingroom

The Greenfield Living Room
Update: The Greenfield Living Room is open for up to 5 people for 4-hour blocks of time, 10 a.m. to 2 p.m. or 2 p.m. to 6 p.m. Calling ahead (413) 775-6760 is encouraged. Computers with audio and visual capabilities are also available for persons needing access to these resources.
The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues.
The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.
140 High Street
Greenfield, MA 01301
Phone: (413) 775-6760

The Peer-to-Peer Program
Update: The Peer to Peer program is currently providing peer support by telephone during regular program hours. Please leave a voicemail and someone will call back.
The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m. and Saturdays and Sundays from 10 a.m. to 10 p.m.
460 Quincy Avenue, Main Floor
Quincy, MA 02169
Phone: (617) 689-2599
Website: https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program
Peer-Run Warm Lines

**Update: No further updates, as these are already “virtual” supports.**

Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at [http://www.warmline.org](http://www.warmline.org). Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:

**The Peer Support Line (Metro Boston Recovery Learning Community)**
Phone: 877-PEER-LNE (733-7563)
Hours: Monday through Sunday, 4 – 7:45 p.m.
Website: [http://www.metrobostonrlc.org/warm-line.html](http://www.metrobostonrlc.org/warm-line.html)

**Western Mass Peer Support Line**
Toll-free: 1-888-407-4515
Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.
Website: [http://www.wildfloweralliance.org/peer-support-line](http://www.wildfloweralliance.org/peer-support-line)
*(If having trouble contacting the Western Mass Peer Support Line through the listed website, please try [www.westernmassrlc.org/peer-support-line](http://www.westernmassrlc.org/peer-support-line). Transition to the new name is currently in progress.)*

**Edinburg Center Warmline**
Phone: (617) 875-0748
Hours: Monday, Tuesday, Thursday, Friday, and Saturday, 5:30 - 9:30 p.m.

**Assistance with Telephone Service**
Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit [http://www.lifelinesupport.org/](http://www.lifelinesupport.org/).

**Young Adult Resources**

**Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center**

**Update:** STEPS has launched an online platform providing **free** mental health services to the **public**, including:

- 1:1 peer support via Microsoft TEAMS or Google Voice
- online support groups through Microsoft TEAMS and Instagram LIVE (instructions on how to join are located in the newsletter)

*If you, or anyone would benefit from Virtual STEPS, please:*

1. **Send** your email address to steps@waysideyouth.org so they can send the Microsoft TEAMS group invitations.
2. **Share** the calendar, newsletter, and STEPS mobile number (508-233-8228)
3. **Follow** us on Instagram [here](http://www.instagram.com/stepsyoungadults) to stay tuned to our events and join our Instagram LIVE groups! (IG handle: @stepsyoungadults)
STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.

12 Prescott Street
Arlington, MA 02474
Phone: (781) 646-2826
Hours: Monday through Thursday, 1 - 7 p.m.
Email: steps@waysideyouth.org
Website: [http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx](http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx) or [https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_internal](https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_internal)

**Tempo Young Adult Resource Center**

*Update: Tempo staff and services information is available on its Facebook page: [https://www.facebook.com/tempoyoungadults/](https://www.facebook.com/tempoyoungadults/). Also, see information directly above to access support through Wayside’s STEPS.*

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

68 Henry Street
Framingham, MA 01702
Phone: (508) 879-1424
Fax: (508) 879-1460
Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.
Website: [https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/](https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/) or [https://www.facebook.com/tempoyoungadults/](https://www.facebook.com/tempoyoungadults/)

**Zia Young Adult Access Center**

*Update: Please refer to the Central Mass RLC for available supports: [http://www.centralmassrlc.org/](http://www.centralmassrlc.org/)*

The Zia Young Adult Access Center and Advocacy Network prioritizes youth autonomy, liberation, and support. Part of the Central Mass Recovery Learning Community, Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).
Zia Young Adult Access Center at the Kiva Center
209 Shrewsbury Street
Worcester, MA 01604
Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.
Website: https://www.facebook.com/ZiaYAAccessCenter

Zia Young Adult Access Center at Open Sky Community Services
4 Mann Street
Worcester, MA 01602
Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.
Website: https://www.facebook.com/ZiaYAAccessCenter

Speaking of Hope
Update: No further update, as this is already a “virtual” support platform.
Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.
Email: SpeakingofHope@MassMail.State.MA.US
Website: www.speakingofhope.org or https://www.facebook.com/speakingofhopeproject/ and https://twitter.com/speakingofhope

Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.
Update: BAGLY has gone to online programming:
https://www.bagly.org/online-programs

For specific supports and resources around the current pandemic:,
https://www.bagly.org/covid19-resources
BAGLY is a youth-led, adult-supported social support organization committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts, and BAGLY works with youth 22 and younger providing leadership development, health promotion and services, social support, events, and the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.
28 Court Square
Boston, MA 02108
Phone: (617) 227-4313
Fax: (617) 227-3266
Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)
Email: info@bagly.org
Website: http://www.bagly.org

Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network—Massachusetts locations
https://www.bagly.org/the-agly-network/
Update: Please refer to listing directly above for current “virtual” programming.

Youth on Fire

Update: Youth on Fire is currently closed during the COVID-19 emergency.

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street
Cambridge, MA 02138
Phone: (617) 661-2508
Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. – 1 p.m. and 2 – 5:45 p.m. Thursday by appointment only.
Email: yof@aac.org
Website: http://www.aac.org/youth-on-fire/ or https://www.facebook.com/YouthOnFireMA/

Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

Update: Youth MOVE MA is currently operating remotely. Persons seeking peer support can send a message on the Youth MOVE MA Facebook page at https://www.facebook.com/youthmovemassachusetts/ or email cwatts@ppal.net. Chandra is also going live on Facebook every Thursday. Other remote supports are being planned.

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. The HOPE (Helping Others Promote Equality) Youth Group is for teens ages 13 and up. The YAYA (Young Adults & Youth Advocacy) Young Adult Group is a support and advocacy group for young adults ages 17 and older. The HOPE Youth Group meets every Tuesday at 5 p.m., and the YAYA group meets on the first and third Thursdays every month at 5 p.m. at Youth MOVE’s Worcester office.

40 Southbridge Street, Suite 310
Worcester, MA 01608
Phone: (508) 767-9725
Email: YouthMOVEMassachusetts@gmail.com
Chandra Watts, Youth Move’s Youth Coordinator, can be emailed at cwatts@ppal.net.
Website: https://sites.google.com/a/ppal.net/youth-move-massachusetts/ or https://www.facebook.com/youthmovemassachusetts

Other Non-Clinical, Peer-Driven Resources

Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and
an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: [http://www.mentalhealthrecovery.com](http://www.mentalhealthrecovery.com)

**Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)**

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to create, rather than what they “need” to change.

Phone: (202) 684-7457
Website: [http://www.integration.samhsa.gov/health-wellness/wham](http://www.integration.samhsa.gov/health-wellness/wham)

**Clubhouses**

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings.
More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website (www.massclubs.org) and on the International Center for Clubhouse Development (ICCD) website (http://www.iccd.org).

Listing of Massachusetts Clubhouses by Region:

**Boston**

**Center Club**

*Update: Center Club is providing ongoing support in the form of daily e-mails, weekly mailings, Clubhouse virtual meetings, and regular one on one phone contact with its membership.  For more updates please go to https://www.baycovehumanservices.org/coronavirus*

31 Bowker Street
Boston, MA 02114
Director: Mary Gregorio
Phone: (617) 788-1003 or (617) 788-1000
Fax: (617) 788-1080
Org: Bay Cove Human Services
Email: cntrclb@baycove.org
Website: http://www.centerclubboston.org/ or https://www.facebook.com/pages/Center-Club-Boston/105513792815005

**Transitions of Boston**

*Update: Closed for group activities, but staff are still meeting one-on-one with members, as well as preparing and distributing take out meals.  For more updates please go to https://www.baycovehumanservices.org/coronavirus*

1500 Dorchester Avenue
Dorchester, MA 02122
Director: Vinnette McKay
Phone: (617) 379-5661
Fax: (617) 541–6817
Org: Bay Cove Human Services
Email: vmckay@baycove.org
Website: https://www.baycovehumanservices.org/clubhouse-and-peer-services

**Webster House**

*Update: Webster House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Maggie Mahoney at 617-739-5461 or mahoneym@vinfen.org*

746 South Street
Roslindale, MA 02131
Director: Maggie Mahoney
Phone: (617) 739-5461
Org: Vinfen
Email: mahoneym@vinfen.org  
Website: www.websterclubhouse.org

Metro Boston

Atlantic House
Update: Atlantic House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Janette Tibets at 617-770-9660 or tibetsj@vinfen.org

338 Washington Street
Quincy, MA 02169
Director: Janette Tibets
Phone: (617) 770-9660
Org: Vinfen
Email: Tibetsj@vinfen.org
Website: http://www.atlanticclubhouse.org/

Elliot House
Update: Stay connected through daily calls at 11 a.m. and 1 p.m. at 425-436-6328 Access Code 20163# and by Zoom forum at 6460558-8656, meeting ID 870-877-2971.

255 Highland Avenue
Needham, MA 02494
Director: Alison Siersdale
Phone: (781) 449-1212
Fax: (781) 449-4064
Org: Riverside Community Care
Email: Asiersdale@riversidecc.org
Website: http://elliothouse.org

Neponset River House
Update: For information on available programming and supports please call the clubhouse at (781) 762-7075.

595 Pleasant Street
Norwood, MA 02062
Director: Danielle Ford-Allen
Phone: (781) 762-7075
Org: Riverside Community Care
Email: dfallen@riversidecc.org
Website: http://www.neponsetriverhouse.org/

Central

Employment Options Clubhouse
Update: The clubhouse has created a COVID-19 hotline which will be responded to quickly by staff and is preparing meals to be delivered to each member through "Deliver at Door" to minimize risk. The clubhouse connecting with members through Facebook and Facebook live, text, phone calls, videos, mailings, emails, and Skype.

82 Brigham Street
Marlborough, MA 01752
Director: Liz Gulachenski
Phone: (508) 485-5051
Fax: (508) 485-8807
Org: Employment Options
Email: newmember@employmentoptions.org or lgulachenski@employmentoptions.org
Website: http://www.employmentoptions.org/ or https://www.facebook.com/EmploymentOptions/

Charles Webster Potter Place
Update: Potter Place is working remotely, making phone calls to members and delivering food and needed items as needed. The main number is being forwarded to a work cell phone so all calls are still being received. New members are not being enrolled at this time.

15 Vernon Street
Waltham, MA 02453
Director: Judith Kellam
Phone: (781) 894-5302
Org: Edinburg
Email: jkellam@edinburgcenter.org
Website: http://www.edinburgcenter.org/charles-webster-potter-place/

Crossroads Clubhouse
Update: Updated information on current services and supports can be found on the Facebook page at https://www.facebook.com/CrossroadsClubhouse/ and by calling the clubhouse during regular hours at (508) 473-4715.

11 Williams Street
Hopedale, MA 01747
Program Director: Lauren Baxter
Phone: (508) 473-4715
Org: Riverside Community Care
Email: lbaxter@riversidecc.org
Website: http://www.crossroadsclubhouse.org/ or https://www.facebook.com/CrossroadsClubhouse/

Crystal House
Update: Onsite services have been suspended, but staff are available remotely and providing check-ins and other supports, and delivering lunches, etc. Call the clubhouse at (978) 630 2794 for further information.

55 Lake Street, #100
Gardner, MA 01440
Director: Tamela Deveikis
Phone: (978) 630 2794
Org: Open Sky
Email: tamela.deveikis@openskycs.org

**Elm Brook Place**
Update: *The clubhouse is staffed and available via phone Monday through Friday from 8 a.m. to 4 p.m. at (781) 202-3478. The clubhouse is also exploring building a social media platform so members can support one another and “hang out” safely.*
4 A Street, 1st Floor
Burlington, MA 01803
Director: Carrie Endicott
Phone: (781) 202-3478
Fax: (781) 202-3481
Org: Eliot Community Human Services
Email: cendicott@eliotchs.org
Website: [http://www.elmbrookplace.org/](http://www.elmbrookplace.org/)

**Genesis Club, Inc.**
*Update: Genesis is currently operating as a ‘virtual’ clubhouse. To learn more about the supports and services available, call staff at (508) 831-0100, leave a message and someone will call back.*
274 Lincoln Street
Worcester, MA 01605
Program Director: Ruth Osterman
Phone: (508) 831-0100
Org: Genesis Club
Email: training@genesisclub.org or ruth@genesisclub.org
Website: [http://www.genesisclub.org](http://www.genesisclub.org) or [https://www.facebook.com/genesisclubinc/](https://www.facebook.com/genesisclubinc/)

**Tradewinds**
*Update: Viability’s clubhouses, including Tradewinds are currently closed, with modified services to provide clubhouse members with essential supports. Members can contact the clubhouse at the office number, or with a new email (tradewindsclubhouse@gmail.com) which staff check weekdays from 8 a.m. to 4 p.m. and get information on telephone and online meetings and supports and stay connected on the Facebook page at [https://www.facebook.com/tradewinds.club/](https://www.facebook.com/tradewinds.club/).*
309 Main Street
Southbridge, MA 01550
Director: Brittany Clark
Phone: (508) 765-9947
Org: Viability
Email: BClark@viability.org
Website: [https://www.facebook.com/tradewinds.club/](https://www.facebook.com/tradewinds.club/)

**Westwinds**
*Westwinds’ physical site is closed to members, but staff is maintaining daily contact with members and is in the process of exploring the interest for Zoom meetings.*
545 Westminster Street
Fitchburg, MA 01420
Northeast

Haverhill Clubhouse
Update: Haverhill Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Kerry Caraccio at 978-521-6957 or caracciok@vinfen.org.

100 Locust Street
Haverhill, MA 01830
Director: Kerry Caraccio
Phone: (978) 521-6957
Org: Vinfen
Email: caracciok@vinfen.org
Website: http://www.haverhillclub.org/

Harbor Place Clubhouse
Update: Harbor Place Clubhouse is currently closed. Staff continue to outreach to members every day, to be available for support by telephone and to provide meals and online groups and supports. For further information, please email Christina Tinkham at ctinkham@eliotchs.org.

71 Linden Street
Lynn, MA 01905
Director: Christina Tinkham
Manager: Melissa Harris
Phone: (781) 842-7200
Org: Eliot Community Human Services
Email: mharris@eliotchs.org

Horizon House
Update: Horizon House is currently closed, but staff are available by telephone Mondays through Saturdays and are providing outreach meals and care packages. There is a daily conference call at 2 p.m. and Zoom online meetings. For further information, contact Horizon House at (781) 245-4272.

78 Water Street
Wakefield, MA 01880
Director: Catherine Taatjes
Phone: (781) 245-4272
Fax: (781) 245-4276
Point After Club

Update: Point After Club is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Tom Coppinger at 978-681-7753 or coppingerth@vinfen.org.

15 Union Street, Suite #70 (lower level)
Lawrence, MA 01840
Director: Tom Coppinger
Phone: (978) 681-7753
Fax: (978) 725-5527
Org: Vinfen
Email: coppingerth@vinfen.org
Website: http://www.pointafterclub.org/

Renaissance Club

Update: Although the Renaissance Club is currently closed, staff are available by telephone for support and are providing free lunches for members. For more updates please check the Facebook page at https://www.facebook.com/renclub.lowell/.

176 Walker Street, Second Floor
Lowell, MA 01854
Director: Heather Gilbert
Phone: (978) 454-7944
Fax: (978) 937-7867
Org: Eliot Community Human Services
Email: hgilbert@eliotchs.org or renclublowell@gmail.com
Website: https://www.renaissanceclublowell.org/ or https://www.facebook.com/renclub.lowell/

Salem Connections Clubhouse

Update: Salem Connections Clubhouse is currently closed. Staff continue to outreach to members every day, to be available for support by telephone and to provide meals and online groups and supports. For further information, please email Christina Tinkham at ctinkham@eliotchs.org

50 Grove Street
Salem, MA 01970
Director: John Kirton
Phone: (978) 498-4400
Org: Eliot Community Human Services
Email: jkirton@eliotchs.org
Website: https://www.facebook.com/Salemconnectionclubhouse/
Southeast

Anchor House
Update: although Anchor House is currently closed, staff are available by telephone during regular hours and are keeping in contact with all members and delivering lunches.
2277 Purchase Street
New Bedford, MA 02746
Director: Paul Lavoie
Phone: (508) 984-4300
Fax: (508) 984-1453
Org: Fellowship Health Resources
Email: plavoie@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/anchorhouse or https://www.facebook.com/FHR-Anchor-House-115901989848610/

Baybridge
Update: Baybridge Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Tom Couhig at 508-778-4234 or couhigt@vinfen.org
278 Main Street
Hyannis, MA 02601
Director: Tom Couhig
Phone: (508) 778-4234
Org: Vinfen
Email: couhigt@vinfen.org
Website: http://www.baybridgeclubhouse.org/

Cove Clubhouse
Update: Cove Clubhouse is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Sabrina Kreber at 508-432-7774 or krebers@vinfen.org
383 Route 28
Harwichport, MA 02646
Director: Sabrina Kreber
Phone: (508) 432-7774
Org: Vinfen
Email: Krebers@vinfen.org
Website: www.coveclubhouse.org or https://www.facebook.com/Cove-Clubhouse-96369568380/
Daybreak
Update: Staff remains available via telephone, email or telehealth technology.
457 State Road, #B
Vineyard Haven, MA 02568
Phone: (508) 696-7563
Org: Martha’s Vineyard Community Services
Email: anicholson@mvcommunityservices.com
Website: https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/

Fairwinds
Update: The doors are currently closed, but Fairwinds is still operating remotely. Staff are providing outreach, meals, group video chats and more, as well as posts on its Facebook page and telephone support. Fairwinds is also providing daily meals to FHR’s respite program in Hyannis.
155 Katherine Lee Bates Road
Falmouth, MA 02540
Director: Gerald McDowell
Phone: (508) 540-6011
Org: Fellowship Health Resources
Email: gmcdowell@fhr.net
Website: http://www.fhr.net/our-services/clubhouses/fairwinds or https://www.facebook.com/fairwindsclubhouse/

Our House in Brockton
Update: The clubhouse is currently closed, but staff are providing daily outreach and are available for telephone support during operating hours, as well as providing meals three days a week.
728 Belmont Street
Brockton, MA 02301
Director: Maria Lobo-Terrell
Phone: (508) 857-1657
Org: Brockton Area Multi-Services, Inc. (BAMSI)
Email: marialobo-terrell@bamsi.org

Plymouth Bay House
Update: Plymouth Bay House is closed. Arrangements have been made with Club members to ensure each person receives comprehensive services during this time. Supports include: employment services, food distribution (a daily meal can be arranged to be delivered), daily digital connections to other members through group texts, Club Facebook pages, and video conferencing, regular wellness check-ins from staff (via phone, email, text, WhatsApp), and member opportunities to provide mutual aid from home. For more information please contact Jaimee Provan at 508-747-1115 or provanj@vinfen.org
340 Court Street
Plymouth, MA 02360
Taunton River House (formerly Corner Clubhouse)
Update: The clubhouse is closed but staff are available for telephone support and are providing daily outreach, meals and other essential supports and services as well as various online meetings and workshops and connecting with members on its Facebook page: https://www.facebook.com/Tauntonriverclubhouse/. For members without access to the internet, the clubhouse is also offering limited one person at a time access to the clubhouse for access to virtual job interviews, etc.
225 Cape Highway
East Taunton, MA 02718
Director: Karen Therrien
Phone: (508) 828-4591
Org: Fellowship Health Resources
Email: ktherrien@FHR.net
Website: https://www.fhr.net/our-services/clubhouses/cornerclubhouse or https://www.facebook.com/Tauntonriverclubhouse/

Towne House
Update: The in-house services are currently suspended, but Towne House is still operating. Staff are available for telephone support and are conducting daily outreach and providing daily mobile food drop-offs. The regular DRA programming is continuing virtually, and the weekly morning meeting may be moving to a daily call. There are a wide variety of online meetings and other offerings for members: please contact the clubhouse for access and other information.
1706 President Avenue
Fall River, MA 02720
Director: Aaron Labonte
Phone: (508) 672-2023
Fax: (508) 672-2051
Org: Fellowship Health Services
Email: alabonte@fhr.net
Website: https://www.fhr.net/our-services/clubhouses/townehouse or https://www.facebook.com/FHRTowneHouse/

Western
Forum House
Update: Please see the Forum House Facebook page for current online meetings and social activities: https://www.facebook.com/ForumHouse-Westfield-1645719352331285/
The food pantry is still open Mondays, Wednesdays and Fridays from 1 – 3 p.m.
55 Broad Street
Westfield, MA 01085
Director: Sally English
Green River House

Update: Green River House is still offering extremely limited on-site services as well as daily outreach calls and other essential supports and “grab and go” and curbside lunches. Zoom meetings are held at 10 a.m. and 1:30 p.m. and a warmline is available from 6 to 8 p.m. For more information please contact Kim Britt at Kbritt@csoinc.org.

37 Franklin Street
Greenfield, MA 01301
Director: Kim Britt
Phone: (413) 772-2181
Fax: (413) 772-2032
Org: Clinical and Support Options
Email: Kbritt@csoinc.org or grh@csoinc.org
Website: https://www.csoinc.org/community-based-programs or https://www.facebook.com/Green-River-House-243007819087077/

Lighthouse

Update: Viability’s clubhouses, including Lighthouse are currently closed, with modified services to provide clubhouse members with essential supports. Members can email Clubhouse Director Toni Bator at tbator@viability.org for information, including available online meetings. The clubhouse is also staying connected through its Facebook page: https://www.facebook.com/viabilityocks/

1401 State Street
Springfield, MA 01109
Director: Toni Bator
Phone: (413) 736-8974
Fax: (413) 785-5030
Org: Viability
Email: tbator@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/viabilityocks/

Star Light Center

Update: Viability’s clubhouses, including Star Light Center are currently closed, with modified services to continue to provide clubhouse members with essential supports. Staff continue to be available by telephone and are delivering lunches to those who order them by 11 a.m. The clubhouse is staying connected to members through Uber conference calls at 3 p.m. (information available on its Facebook page: https://www.facebook.com/251slc/)

251 Nonotuck Street
Florence, MA 01062
Director: Evan Kerke
Phone: (413) 586-8255
Fax: (413) 586-8311
Org: Viability
Email: Ekerke@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/pg/251slc

**Odyssey House**
*Update: Viability’s clubhouses, including Odyssey House are currently closed, with modified services to continue to provide clubhouse members with essential supports.*
474 Appleton Street
Holyoke, MA 01040
Director: Jillian Cunningham
Phone: (413) 538-4377
Fax: (413) 538-4355
Org: Viability
Email: jcunningham@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/Odyssey-Clubhouse-644025472417561/

**Quabbin House**
*Update: Quabbin House’s physical location is is currently closed, but staff are available for telephone support and are conducting daily outreach and providing lunch for members who call in. There is a Zoom meeting twice a day, and the DRA programming continues. Quabbin House is also providing a warm line from 6 to 8 p.m., in conjunction with Green River House. For general and access information for the above, call the clubhouse at (978) 544-1859.*
25 West Main Street
Orange, MA 01364
Director: Danielle Barron
Phone: (978) 544-1859
Fax: (978) 544-1860
Org: Clinical Support Options
Email: Daniellebarron@csoinc.org or info@csoinc.org
Website: https://www.csoinc.org/community-based-programs

**Berkshire Pathways**
*Update: Viability’s clubhouses, including Berkshire Pathways are currently closed, with modified services to continue to provide clubhouse members with essential supports. Staff continue to be available by telephone and are delivering lunches to those who order them. The clubhouse is staying connected to members through postings on its Facebook page:*  
https://www.facebook.com/BerkshirePathways/
199 B South Street
Pittsfield, MA 01201
Director: David Brien
Phone: (413) 464-7949
Fax: (413) 464-7942
Org: Viability
Email: dbrien@viability.org
Website: https://www.viability.org/clubhouses or https://www.facebook.com/BerkshirePathways
Cross-Disability/Miscellaneous Resources for Peers

Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

Ad-Lib, Inc. – Pittsfield

*Update: All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page at [https://www.facebook.com/AdLibCIL/](https://www.facebook.com/AdLibCIL/)*

Joseph Castellani, Jr., Executive Director
215 North Street
Pittsfield, MA 01201
Phone: (413) 442-7047
Fax: (413) 443-4338
Email: jcastellani@adlibcil.org or adlib@adlibcil.org
Website: [https://www.adlibcil.org/](https://www.adlibcil.org/) or [https://www.facebook.com/AdLibCIL/](https://www.facebook.com/AdLibCIL/)

STAVROS – Amherst

*Stavros is currently asking the public to refrain from coming to its offices. Calls or emails will be returned within 24 hours. However calls may be returned from different numbers, number so please answer. More contact information is available at [https://www.stavros.org/Contact_us](https://www.stavros.org/Contact_us).*

Angelina Ramirez, Executive Director
210 Old Farm Road
Amherst, MA 01002
Phone: (413) 256-0473
Toll-free: 1-800-804-1899
Email: aramirez@stavros.org or info@stavros.org
Website: [www.stavros.org](http://www.stavros.org) or [https://www.facebook.com/stavros413/](https://www.facebook.com/stavros413/)
Center for Living and Working, Inc. – Worcester
Update: All Center for Living and Working staff are currently working remotely. Please leave a message and the call will be returned. The Facebook page contains general information and resources as well as information on virtual groups being held by Center for Living and Working.
Meg Coffin, Chief Executive Officer
484 Main Street, Suite 345
Worcester, MA 01608
Phone: (508) 798-0350
Video Phone: 508-762-1164
TTY: (508) 755-1003
Toll-free: 1-800-570-4020
Fax: (508) 797-4015
Email: mcoffin@centerlw.org or opsearch@centerlw.org
Website: http://www.centerlw.org/ or https://www.facebook.com/CenterForLivingAndWorking/

Boston Center for Independent Living – Boston
Update: Office Closed Due to COVID-19. All staff working remotely. Please call and leave a message.
Bill Henning, Executive Director
60 Temple Place, 5th Floor
Boston, MA 02111
Phone: (617) 338-6665
Toll-Free: 1-866-338-8085
TTY: (617) 338-6662
Fax: (617) 338-6661
Email: bhenning@bostoncil.org
Website: https://bostoncil.org/

Cape Organization for the Rights of the Disabled – Hyannis
Coreen Brinckerhoff, Chief Executive Officer
Update: CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.
106 Bassett Lane
Hyannis, MA 02601
(CORD will be moving in January or February—email them for new address)
Phone: (508) 775-8300
Toll-free: 1-800-541-0282
Fax: (508) 775-7022
V/TTY (508) 775-8300
Email: cordinfo@cilcapecod.org
Website: http://www.cilcapecod.org or https://www.facebook.com/cordcapecod/

Independence Associates, Inc. – East Bridgewater
Update: Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call. For the staff directory please go to https://www.iacil.org/about/staff/.
Steve Higgins, Executive Director
Disability Resource Center (formerly Independent Living Center of the North Shore and Cape Ann, Inc.) – Salem

Update: Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom or Skype. Please continue to reach out either by phone (978) 741-0077, or email at Info@disabilityrc.org.

Lisa Orgettas, Executive Director
27 Congress Street, Suite 107
Salem, MA 01970
Phone: V/TTY: (978) 741-0077
Fax: (978) 741-1133
Email: lorgettas@disabilityrc.org or information@disabilityrc.org
Website: https://disabilityrc.org/ or https://www.facebook.com/DisabilityRCSalem

MetroWest Center for Independent Living – Framingham

Update: All direct service staff at MetroWest Center for Independent Living are currently working remotely. Please call the main office number and someone will answer and direct your call.

Paul Spooner, Executive Director
280 Irving Street
Framingham, MA 01702
Phone: (508) 875-7853
Fax: (508) 875-8359
Email: pspooner@mwcil.org or info@mwcil.org
Website: https://www.mwcil.org/ or https://www.facebook.com/MWCIL/

Northeast Independent Living Center – Lawrence

Update: All NILP staff are working remotely but still providing services. Please e-mail help@nilp.org or call (978) 687-4288.

June Sauvageau, Chief Executive Officer

Lawrence Site:
20 Ballard Road
Lawrence, MA 01843
Phone, V/TTY: (978) 687-4288
Fax: (978) 689-4488

Lowell Site:
35 John Street, 2nd Floor
Lowell, MA 01852
Phone: V/TTY: (978) 687-4288
Fax: (978) 455-4999
Email: jsauvageau@nilp.org or help@nilp.org  
Website: www.nilp.org or https://www.facebook.com/NortheastIndependentLivingProgram/

Southeast Center for Independent Living – Fall River  
Update: All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message  
Lisa Pitta, Executive Director  
66 Troy Street, Suite #3  
Fall River, MA 02720  
Phone: (508) 679-9210  
Fax: (508) 677-2377  
Email: lpitta@secil.org or scil@secil.org  
Website: http://www.secil.org/ or https://www.facebook.com/SCILinc/

Miscellaneous Resources

Massachusetts Advocacy and Legal Resources

- Disability Law Center of Massachusetts: https://www.dlc-ma.org/  
  Update: DLC staff are working remotely at this time. Please call 617-723-8455 or 800-872-9992 to request assistance; email at mail@dlc-ma.org
- Mental Health Legal Advisors Committee (MHLAC): http://www.mhlac.org/  
  Update: MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.  

Other Local Peer Resources

Jonathan O. Cole Resource Center  
Update: for virtual support meetings: https://www.coleresourcecenter.org/support-groups-mentoring  
Contact: Joanne Grady-Savard, Executive Director  
deMarneffe Building, Room 120A  
115 Mill Street  
Belmont, MA 02478  
Phone: (617) 855-3298  
Fax: (617) 855-3666  
Email: info@coleresourcecenter.org  
Website: http://www.coleresourcecenter.org

National Depression and Bipolar Support Alliance (DBSA)  
Update: For online support please go to: https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/  
55 E. Jackson Blvd, Suite 490  
Chicago, Illinois 60604  
Toll-free Phone: 1-800-826-3632  
Fax: (312) 642-7243
Email: info@dbsalliance.org
Website: http://www.dbsalliance.org

Depression and Bipolar Support Alliance of Boston (DBSA-Boston)
Update: Please refer to the DBSA Boston website for its expanding range of online support options: http://dbsaboston.org/
Contact: Barry Park
P.O. Box 102
115 Mill Street
Belmont, Mass 02478
Phone: (617) 855-2795
Fax: (617) 855-3666
Email: info@dbsaboston.org
Website: http://www.dbsaboston.org/ or https://www.facebook.com/BostonDBSA

NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)
Update: NAMI GB PSAN is currently holding a private Tuesday zoom support meeting for staff but is closed to new members at this time.
(formerly NAMI Greater Boston Consumer Advocacy Network)
NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Erich Lindemann Building, Plaza Level
25 Staniford Street
Boston, MA 02114
Phone: (781) 642-0368
Email: info@namiboston.org
Website: https://namiboston.org/people-living-mental-illness/

Eastern Mass Peer Network (EMPN)
Update: Eastern Mass Peer Network is responding to the current pandemic by passing along information and resources. The International Association of Peer Supporters (INAP) has a lot of information and resources on providing peer support during the pandemic at https://www.inaops.org/
Eastern Mass Peer Network (EMPN) is a professional organization of peer workers. EMPN is available to provide support to the peer support workforce by email or phone.
Phone: (617) 905-5241
Email: 2017empn@gmail.com
Facebook: https://www.facebook.com/EMPeerNet/

Hearing Voices Network USA
Update: Online groups are available. For questions and details on how to access the groups, please email info@hearingvoicesusa.org
Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.
Email: info@hearingvoicesusa.org
Website: http://www.hearingvoicesusa.org/

Massachusetts United for Connection and Healing (MUCH)
MUCH is currently hosting a statewide Bridging Connection Call and a CPS Connection Call on Wednesdays, as well as offering 1:1 support for Certified Peer Specialists statewide during the COVID-19 pandemic. For more information on all MUCH activities, contact Khalil Power at Khalil.power@centralmassrlc.org.
A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSS), in-person networking events, webinars, and opportunities to learn and connect as a workforce.
Contact: Khalil Power, Project Coordinator
Email: info@muchnetwork.org
Website: www.MUCHnetwork.org

Opening Doors to the Arts (ODA)
Update: Opening Doors to the Arts is posting information about virtual, online events through its e-mail list. Please contact Howard Trachtman at howard@openingdoorstothearts.org for further information.
Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.
Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS
Phone: (781) 642-0368
Email: howard@openingdoorstothearts.org
Website: http://www.openingdoorstothearts.org

Two Hats Networking Dinners (Twohats)
Update: The Two Hats Networking Dinners are currently discontinued due to the pandemic.
This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.
Contact: Howard D. Trachtman, BS, CPS, CPRP
Phone: (781) 642-0368
Email: hdt@mit.edu
Website: www.twohats.org

Other National Peer Resources

Crisis Text Line
The Crisis Text Line is a free texting service run by DoSomething.org, to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text
HOME to 741741, a trained volunteer counselor will receive the message and assist immediately.
Phone: Text HOME to 741741
Website: https://www.crisistextline.org/

Peer-run National Technical Assistance Centers

- The National Empowerment Center: http://www.power2u.org/
- STAR Center (Support, Technical Assistance and Resources):
  http://www.peerstar.org/
- Peerlink Technical Assistance Center, a project of MHA of Oregon:
  http://www.peerlinktac.org/
- Consumer Supporter Technical Assistance Center - The Family Café:
  http://cafetacenter.net/
- Doors to Wellbeing National Technical Assistance Center, established by The Copeland Center for Wellness and Recovery: http://www.doorstowellbeing.org/
- The National Mental Health Consumers' Self-Help Clearinghouse:
  http://www.mhselfhelp.org/
  (*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.*)