

IN-PERSON SCHEDULE

October 1 - October 31, 2026

Meeting dates and times are subject to change. Please check our social media for updates.

Worcester RLC

172 Shrewsbury St., Worcester, MA 01604
(508) 751-9600

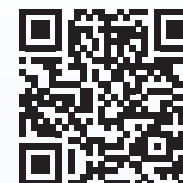
Hours

Mon - Thur 10:00 AM - 4:00 PM
Fri 11:00 AM - 5:00 PM

	Monday	Tuesday	Wednesday	Thursday	Friday
11:00 AM	Coffee and Conversation	Community Gathering HYBRID	Open Topic (walk and talk)	Coping with Anger	Peer Support
12:00 PM	Living with Loss	Golden Connections (12:00 - 2:00 PM)	Peer Support (12:30 - 1:30 PM) HYBRID	Peer Support Drum Circle (12:00 - 2:00 PM)	Expressive Arts
1:00 PM	Drum Circle (1:00 - 3:00 PM)	Peer Support			
2:00 PM	Peer Support	Living with Suicide	Nourish & Flourish	Power of Positivity	Game Tournament and Karaoke (2:30 - 4:30 PM)



View group descriptions
and up-to-date schedule at
KivaCenters.org/in-person



Additional meetings in Central MA

Chakra Virtual Group

3rd Wednesday of the month
E-Mail jlafortune@kivacenters.org
for more information

Coffee and Conversation

Thursdays at 10 AM
Booklover's Gourmet
72 East Main St., Webster, MA

ASL Groups

E-Mail Minh Vo at vosoccer02@gmail.com
for more information

Introduction to Kiva Centers

1st Tuesday of the month
172 Shrewsbury St., Worcester, MA
Lunch is provided

Talking Circles

Tuesdays 12 PM - 2 PM
Generations: 129 East Main St. Webster, MA

Drum Circle

1st & 3rd Wednesday of the month from 4 PM - 6 PM
Generations: 129 East Main St. Webster, MA

Substance Use, Grief, and Living with Loss

In collaboration with the Sun Will Rise Foundation
2nd Wednesday of the month at 1:00 PM
172 Shrewsbury St., Worcester, MA
E-Mail info@kivacenters.org for more information

Peer Drop In

Thursdays from 12:00 PM - 2:00 PM
Generations: 129 East Main. St. Webster, MA

ONLINE SCHEDULE

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Hours

Mon - Thur 10:00 AM - 4:00 PM
Fri 11:00 AM - 5:00 PM

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 AM			Coffee and Conversation		
11:00 AM		Community Gathering HYBRID	Journey Through the Chakras (3rd Wed: Aug. 19)	Qigong	Finding Freedom
12:00 PM		Alternate Realities	Peer Support (12:30 - 1:30 PM) HYBRID	Finding Home in Our Bodies & Chronic Illness	Sharing Safety in Pride
1:00 PM	Power of Positivity and Gratitude	Transcending Trauma Together		Breaking Cycles with Boundaries and Balance	Thank Goodness it's Friday
2:00 PM	Living with Loss	Coping with Anger in Times of Uncertainty	Dual Recovery		
3:00 PM	Living with Suicide	Golden Connections (3:00 - 4:30 pm)			
4:00 PM	Under the Umbrella (1st Monday: Aug. 3)			Spirituality and Wellness	



View group descriptions
and up-to-date schedule at
KivaCenters.org/online



Apoyo Entre Pares

Mon - Fri 8:00 PM - 9:00 PM
(508) 556-4226

Peer Support Line

Mon - Fri 8:00 PM - 12:00 AM
(508) 688-5898

Learn more about
Kiva Centers' programs
and services at
KivaCenters.org.